

## Child and Family Health Measures 2021 National Survey of Children's Health

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### Physical, Oral Health and Functional Status

- 1.1 **Health status (NOM-19)**
- 1.2 Condition of teeth, 1-17 years
- 1.2a Oral health problems, 1-17 years
  - Tooth decay/cavities, 1-17 years (NOM-14)**
- 1.3 Breastfed ever, 0-5 years
- 1.3a Exclusively breastfed, 6 months-5 years
- \*Healthy eating (consumption of sugary drinks, vegetables, fruit), 1-5 years
- 1.4 **Weight status (BMI), 10-17 years (NOM-20)**
- 1.4b Ever told that child is overweight
- 1.5 **Physical activity, 6-17 years (NPM-8.1: 6-11 years, NPM-8.2: 12-17 years)**
- \*Time spent outdoors on most weekdays/an average weekend day, 3-5 years
- 1.6 Concern about current weight
- 1.7 Low birth weight
- 1.7a Low or very low birth weight
- 1.8 Premature birth
- 1.9 One or more current or lifelong health conditions
  - Prevalence of current or lifelong conditions
  - Severity of current or lifelong conditions
- 1.10 One or more functional difficulties
- 1.11 **Children with special health care needs (NOM-17.1)**
- 1.12 Effect of conditions on daily activities

### Emotional and Mental Health

- 2.1 Bullied others, 6-17 years
  - Among children age 12-17 years (NPM-9)**
- 2.2 Bullied, 6-17 years
  - Among children age 12-17 years (NPM-9)**
- 2.3 Flourishing for young children, 6 months-5 years
- 2.4 Flourishing for children and adolescents, 6-17 years
- 2.5 Argues too much, 6-17 years
- 2.6 Making and keeping friends, 6-17 years
- 2.7 **Prevalence of ADD/ADHD, 3-17 years (NOM-17.4)**
- 2.7a Severity of ADD/ADHD, 3-17 years
- 2.7b Medication for ADD/ADHD, 3-17 years
- 2.7c Received behavioral treatment for ADD/ADHD, 3-17 years
- 2.8 **Prevalence of autism/ASD, 3-17 years (NOM-17.3)**
- 2.8a Severity of autism/ASD, 3-17 years
- 2.8b Medication for autism/ASD, 3-17 years
- 2.8c Received behavioral treatment for autism/ASD, 3-17 years
- 2.8d Age of diagnosis for autism/ASD
- 2.8e Type of doctor or health care provider first to tell that child had autism/ASD, 3-17 years
- 2.9 Medication for ADD/ADHD, autism/ASD or other emotional, behavioral difficulties, 3-17 years
- 2.10 Mental, emotional, developmental or behavioral problems, 3-17 years

### Health Insurance Coverage

- 3.1 Current health insurance status
- 3.2 Consistency of insurance coverage
- 3.3 Type of health insurance
- 3.4 Adequacy of current insurance
- 3.4a **Adequate and continuous insurance (NPM-15)**
- 3.5 Adequacy of insurance coverage for mental health care, 3-17 years
- 3.6 Out-of-pocket cost for medical and health care

- 4.1 Medical care visit
  - Received health care visits by video or phone
- 4.1a Preventive care visit/check-up
  - Among children 12-17 years (NPM-10)**
- 4.1b Time with doctor during preventive care visit/check-up
- 4.1c Doctor spoke with child privately, 12-17 years
- 4.2 Dental care visit, 1-17 years
- 4.2a **Preventive dental visit, 1-17 years (NPM-13.2)**
- 4.3 Received both preventive medical and dental care
- 4.4 Received mental health care, 3-17 years
  - Mental health treatment or counseling, 3-17 years with a mental/behavioral condition (NOM-18)**
- 4.4a Difficulties obtaining mental health care, 3-17 years
- 4.5 Received care from a specialist doctor
- 4.5a Difficulties obtaining specialist care
- 4.6a: Saw an eye doctor
- 4.6b: Received a vision screening from a provider other than eye doctor
- 4.7 Hospital emergency room visit
- 4.7a Hospital admission
- 4.8 Alternative health care or treatment
- 4.9 Doctor asked about parental concerns, 0-5 years
- 4.10 **Developmental screening, 9-35 months (NPM-6)**
- 4.11 Special services for developmental needs
- 4.11a Age started receiving special services for developmental needs
- 4.12 **Medical home**
  - Among CSHCN and Non-CSHCN (NPM-11)**
- 4.12a Personal doctor or nurse
- 4.12b Usual source for sick care
- 4.12c Family-centered care
- 4.12d Difficulties getting referrals
- 4.12e Effective care coordination
- 4.14 Shared decision making
- 4.15 **Transition to adult health care, 12-17 years**
  - Among CSHCN and Non-CSHCN (NPM-12)**
- 4.17 Systems of care
  - Among CSHCN (NOM-17.2)**
- 4.18 **Forgone health care (NOM-25)**
- 4.19 Problems paying medical bills
- 4.20 Frustrated in efforts to get services

### Health Care Access and Quality

- 5.1 Special education or early intervention plan (EIP), 1-17 years
- 5.1a Age started special education or EIP
- 5.2 School engagement, 6-17 years
- 5.3 Repeated grade(s) in school, 6-17 years
- 5.4 Missed school days, 6-17 years
- 5.5 Participation in organized activities, 6-17 years
- 5.6 Parent participation in child's event/activities, 6-17 years
- 5.7 Participation in community service or volunteer work, 6-17 years
- 5.8 Work for pay, 12-17 years
- 5.9 Adult mentor, 6-17 years
- \*This child's learning, individual items, 1-5 years
- \*This child's learning, individual items, 3-5 years

### Impact of Coronavirus Pandemic

- Received health care visits by video or phone because of the coronavirus pandemic
- Child missed, delayed, or skipped preventive check-ups due to the coronavirus pandemic
- Childcare was not available due to the coronavirus pandemic, age 0-5 years
- Childcare was not available due to the coronavirus pandemic, age 6-11 years

#### Notes:

- **MCHB Title V National Performance Measures (NOM) and National Outcome Measures (NOM) are in bold types.**
- The definition of all measures can be found in the 2021 NSCH codebook and through the information icon on the data query at childhealthdata.org.
- Estimates are not comparable with estimates from surveys conducted prior to 2016.

\*Includes multiple survey items.

Full survey instruments are available at the HRSA's [MCHB website](https://www.hrsa.gov/mchb).

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### Family Health and Activities

- 6.1 Physical health status of mother
- 6.1a Physical health status of father
- 6.2 Mental health status of mother
- 6.2a Mental health status of father
- 6.3 Overall health status of mother
- 6.3a Overall health status of father
- 6.4 **Someone living in the household smokes (NPM-14.2)**
- 6.4a Someone smokes inside the home
- 6.5 Caregiver(s) employment status
- 6.5a Children living in "working poor" families
- 6.6 Family shares ideas, 6-17 years
- 6.7 Family reads to children, 0-5 years
- 6.8 Family sings and tells stories to children, 0-5 years
- 6.9 Family eats meals together
- 6.10 Time spent in front of a TV, computer, cellphone or other electronic device
- 6.12 Family resilience
  - Household-based adverse childhood experiences
- 6.14 Parental aggravation
- 6.15 Emotional help with parenthood
- 6.16 Coping with daily demands of raising children
- 6.17 Job change due to problems with child care, 0-5 years
- 6.18 Left a job, took a leave of absence, or cut back hours due to child's health
- 6.19 Avoided changing job to maintain insurance
- 6.20a Time spent providing at home health care
- 6.20b Time spent coordinating health care
- 6.21 Received childcare from others at least 10 hours/week, 0-5 years
- 6.22 Sleep position, 0-12 months
- 6.24 Child goes to bed same time on weeknights
- 6.25 Adequate amount of sleep, 4 months-17 years
- 6.26 Food insufficiency
- 6.27 Received food or cash assistance

### Neighborhood Safety and Support

- 7.1 Supportive neighborhood
- 7.2 Safe neighborhood
- 7.3 Safe school, 6-17 years
- 7.4 Neighborhood amenities
- 7.5 Presence of detracting neighborhood elements