

Child and Family Health Measures

2020-2021 National Survey of Children's Health (two years combined)

Physical, Oral Health and Functional Status

Emotional and Mental Health Health Insurance Coverage Health Care Access and Quality

Community and School Activities

Family Health and Activities

Neighborhood Safety and Support

- 1.1 Health status (NOM-19)
- 1.2 Condition of teeth, 1-17 years
- 1.2a Oral health problems, 1-17 years Tooth decay/cavities, 1-17 years (NOM-14)
- 1.3 Breastfed ever, 0-5 years
- 1.3a Exclusively breastfed, 6 mos-5 years
- 1.4 Weight status (BMI), 10-17 years (NOM-20)
- 1.4b Ever told that child is overweight
- 1.5 Physical activity, 6-17 years (NPM-8.1: 6-11 years, NPM-8.2: 12-17 years)
- 1.6 Concern about current weight
- 1.7 Low birth weight
- 1.7a Low or very low birth weight
- 1.8 Premature birth
- 1.9 One or more health conditions
 Prevalence of current or lifelong conditions
 Severity of current or lifelong conditions
- 1.10 One or more functional difficulties
- 1.11 Children with special health care needs (NOM-17.1)
- 1.12 Effect of conditions on daily activities
- 2.1 Bullied others, 6-17 years
 - Among children age 12-17 years (NPM-9)
- 2.2 Bullied, 6-17 years
 - Among children age 12-17 years (NPM-9)
- 2.3 Flourishing for young children, 6 months-5 years
- 2.4 Flourishing for children and adolescents, 6-17 years
- 2.5 Argues too much, 6-17 years
- 2.6 Making and keeping friends, 6-17 years
- 2.7 Prevalence of ADD/ADHD, 3-17 years (NOM-17.4)
- 2.7a Severity of ADD/ADHD, 3-17 years
- 2.7b Medication for ADD/ADHD, 3-17 years
- 2.7c Received behavioral treatment for ADD/ADHD, 3-17 years
- 2.8 Prevalence of autism/ASD, 3-17 years (NOM-17.3)
- 2.8a Severity of autism/ASD, 3-17 years
- 2.8b Medication for autism/ASD, 3-17 years
- 2.8c Received behavioral treatment for autism/ASD, 3-17 years
- 2.8d Age of diagnosis for autism/ASD
- 2.8e Type of doctor or health care provider first to tell that child had autism/ASD, 3-17 years
- 2.9 Medication for ADD/ADHD, autism/ASD or other emotional, behavioral difficulties, 3-17 years
- 2.10 Mental, emotional, developmental or behavioral problems, 3-17 years

- 3.1 Current health insurance status
- 3.2 Consistency of insurance coverage
- 3.3 Type of health insurance
- 3.4 Adequacy of current insurance
- 3.4a Adequate and continuous insurance (NPM-15)
- 3.5 Adequacy of insurance coverage for mental health care, 3-17 years
- 3.6 Out-of-pocket cost for medical and health care
 - 4.1 Medical care visit
 - 4.1a Preventive care visit/check-up

Among children 12-17 years (NPM-10)

- 4.1b Time with doctor during preventive care visit/check-up
- 4.1c Doctor spoke with child privately, 12-17 years
- 4.2 Dentist visit, 1-17 years
- 4.2a Preventive dental visit, 1-17 years (NPM-13.2)
- 4.3 Received both preventive medical and dental care
- 4.4 Received mental health care, 3-17 years
 - Mental health treatment or counseling, 3-17 years with a mental/behavioral condition (NOM-18)
- 4.4a Difficulties obtaining mental health care, 3-17 years
- 4.5 Received care from a specialist doctor
- 4.5a Difficulties obtaining specialist care
- 4.7 Hospital emergency room visit
- 4.7a Hospital admission
- 4.6 Alternative health care or treatment
- 4.7 Doctor asked about parental concerns, 0-5 years
- 4.8 Developmental screening, 9-35 months (NPM-6)
- 4.9 Special services for developmental needs
- 4.11a Age started receiving special services for developmental needs
- 4.10 Medical home

Among CSHCN and Non-CSHCN (NPM-11)

- 4.12a Personal doctor or nurse
- 4.12b Usual source for sick care
- 4.12c Family-centered care
- 4.12d Difficulties getting referrals
- 4.12e Effective care coordination
- 4.14 Shared decision making
- 4.15 Transition to adult health care, 12-17 years Among CSHCN and Non-CSHCN (NPM-12)
- 4.17 System of care

Among CSHCN (NOM-17.2)

- 4.18 Forgone health care (NOM-25)
- 4.19 Problems paying medical bills
- 4.20 Frustrated in efforts to get services

- 5.1 Special education or early intervention plan (EIP), 1-17 years
- 5.1a Age started special education or EIP
- 5.2 School engagement, 6-17 years
- 5.3 Repeated grade(s) in school, 6-17 years
- 5.4 Missed school days, 6-17 years
- 5.5 Participation in organized activities, 6-17 years
- 5.6 Parent participation in child's event/activities, 6-17 years
- 5.7 Participation in community service or volunteer work, 6-17 years
- 5.8 Work for pay, 12 -17 years
- 5.9 Has an adult mentor, 6-17 years

This child's learning, individual items, 1-5 years

This child's learning, individual items, 3-5 years

Notes:

- MCHB Title V National Performance Measures (NOM) and National Outcome Measures (NOM) are in bold types.
- The definition of all measures can be found in the 2020-2021 NSCH codebook and through the information icon on the data query at childhealthdata.org.
- Estimates are not comparable with estimates from surveys conducted prior to 2016.

Full survey instruments are available at the HRSA's MCHB website.

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- 7.1 Supportive neighborhood
- 7.2 Safe neighborhood
 - 7.3 Safe school, 6-17 years
- 7.4 Neighborhood amenities
- 7.5 Presence of detracting neighborhood elements
- 6.1 Physical health status of mother
- 6.1a Physical health status of father
- 6.2 Mental health status of mother
- 6.2a Mental health status of father
- 6.3 Overall health status of mother
- 6.3a Overall health status of father
- 6.4 Someone living in the household smokes (NPM-14.2)
- 6.4a Someone smokes inside the home
- 6.5 Caregiver(s) employment status
- 6.5a Children living in "working poor" families
- 5.6 Family shares ideas, 6-17 years
- 6.7 Family shales ideas, 6.17 years
- 6.8 Family sings and tells stories to children, 0-5 years
- 6.9 Family eats meals together
- 6.10 Time spent in front of a TV, computer, cellphone or other electronic device
- 6.12 Family resilience
- Household-based adverse childhood experiences 6.14 Parental aggravation
- 6.15 Emotional help with parenthood
- 6.16 Coping with daily demands of raising children
- 6.17 Job change due to problems with child care, 0-5 years
- 6.18 Left a job, took a leave of absence, or cut back hours due to child's health
- 6.19 Avoided changing job to maintain insurance
- 6.20a Time spent providing at home health care
- 6.20b Time spent coordinating health care
- 6.21 Received child care from others at least 10 hours/week. 0-5 years
- 6.22 Sleep position, 0-12 months
- 6.24 Child goes to bed same time on weeknights
- 6.25 Adequate amount of sleep, 4 months-17 years
- 6.26 Food insufficiency
- 6.27 Received food or cash assistance

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