Your Data ... Your Story
Data Resource Center for Child & Adolescent Health
A project of the Child and Adolescent Health Measurement Initiative

childhealthdata.org

Child and Family Health Measures

2019-2020 National Survey of Children's Health (two years combined)

Physical, Oral Health and Functional Status

1.1 Health status (NOM-19)
1.2 Condition of teeth, 1-17 years
1.2a Oral health problems, 1-17 years
Tooth decay/cavities, 1-17 years (NOM-14)
1.3 Breastfed ever, 0-5 years
1.3a Exclusively breastfed, 6 mos-5 years
1.4 **Weight status (BMI), 10-17 years (NOM-20)**
1.4b Ever told that child is overweight
1.5 **Physical activity, 6-17 years (NPM-8.1: 6-11 years, NPM-8.2: 12-17 years)**
1.6 Concern about current weight
1.7 Low birth weight
1.7a Low or very low birth weight
1.8 Premature birth
1.9 One or more health conditions
Prevalence of current or lifelong conditions
Severity of current or lifelong conditions
1.10 One or more functional difficulties
1.11 **Children with special health care needs (NOM-17.1)**
1.12 Effect of conditions on daily activities

Emotional and Mental Health

2.1 Bullied others, 6-17 years
Among children age 12-17 years (NPM-9)
2.2 Bullied, 6-17 years
Among children age 12-17 years (NPM-9)
2.3 Flourishing for young children, 6 months-5 years
2.4 Flourishing for children and adolescents, 6-17 years
2.5 Argue too much, 6-17 years
2.6 Making and keeping friends, 6-17 years
2.7 **Prevalence of ADD/ADHD, 3-17 years (NOM-17.4)**
2.7a Severity of ADD/ADHD, 3-17 years
2.7b Medication for ADD/ADHD, 3-17 years
2.7c Received behavioral treatment for ADD/ADHD, 3-17 years
2.8 **Prevalence of autism/ASD, 3-17 years (NOM-17.3)**
2.8a Severity of autism/ASD, 3-17 years
2.8b Medication for autism/ASD, 3-17 years
2.8c Received behavioral treatment for autism/ASD, 3-17 years
2.8d Age of diagnosis for autism/ASD
2.8e Type of doctor or health care provider first to tell that child had autism/ASD, 3-17 years
2.9 Medication for ADD/ADHD, autism/ASD or other emotional, behavioral difficulties, 3-17 years
2.10 Mental, emotional, developmental or behavioral problems, 3-17 years

Health Insurance Coverage

3.1 Current health insurance status
3.2 Consistency of insurance coverage
3.3 Type of health insurance
3.4 Adequacy of current insurance
3.4a **Adequate and continuous insurance (NPM-15)**
3.5 Adequacy of insurance coverage for mental health care, 3-17 years
3.6 Out-of-pocket cost for medical and health care

Health Care Access and Quality

4.1 Medical care visit
4.1a Preventive care visit/check-up
Among children 12-17 years (NPM-10)
4.1b Time with doctor during preventive care visit/check-up
4.1c Doctor spoke with child privately, 12-17 years
4.2 Dentist visit, 1-17 years
4.2a **Preventive dental visit, 1-17 years (NPM-13.2)**
4.3 Received both preventive medical and dental care
4.4 Received mental health care, 3-17 years
Mental health treatment or counseling, 3-17 years with a mental/behavioral condition (NOM-18)
4.4a Difficulties obtaining mental health care, 3-17 years
4.5 Received care from a specialist doctor
4.5a Difficulties obtaining specialist care
4.6 Vision test
4.7 Hospital emergency room visit
4.7a Hospital admission
4.8 Alternative health care or treatment
4.9 Doctor asked about parental concerns, 0-5 years
4.10 **Developmental screening, 9-35 months (NPM-6)**
4.11 Special services for developmental needs
4.11a Age started receiving special services for developmental needs
4.12 **Medical home**
Among CSHCN and Non-CSHCN (NPM-11)
4.12a Personal doctor or nurse
4.12b Usual source for sick care
4.12c Family-centered care
4.12d Difficulties getting needed referrals
4.12e Effective care coordination
4.14 Shared decision making
4.15 **Transition to adult health care, 12-17 years**
Among CSHCN and Non-CSHCN (NPM-12)
4.17 System of care
Among CSHCN (NOM-17.2)
4.18 **Forgone health care (NOM-25)**
4.19 Problems paying medical bills
4.20 Frustrated in efforts to get services

Community and School Activities

5.1 Special education or early intervention plan (EIP), 1-17 years
5.1a Age started special education or EIP
5.2 School engagement, 6-17 years
5.3 Repeated grade(s) in school, 6-17 years
5.4 Missed school days, 6-17 years
5.5 Participation in organized activities, 6-17 years
5.6 Parent participation in child's event/activities, 6-17 years
5.7 Participation in community service or volunteer work, 6-17 years
5.8 Work for pay, 12 -17 years
5.9 Adult mentor, 6-17 years
This child's learning, individual items, 1-5 years
This child's learning, individual items, 3-5 years

Family Health and Activities

6.1 Physical health status of mother
6.1a Physical health status of father
6.2 Mental health status of mother
6.2a Mental health status of father
6.3 Overall health status of mother
6.3a Overall health status of father
6.4 **Someone living in the household smokes (NPM-14.2)**
6.4a Someone smokes inside the home
6.6 Family shares ideas, 6-17 years
6.7 Family reads to children, 0-5 years
6.8 Family sings and tells stories to children, 0-5 years
6.9 Family eats meals together
6.10 Time spent in front of a TV, computer, cellphone or other electronic device
6.12 Family resilience
6.13 Adverse childhood experiences
6.14 Parental aggravation
6.15 Emotional help with parenthood
6.16 Coping with daily demands of raising children
6.17 Job change due to problems with child care, 0-5 years
6.18 Left a job, took a leave of absence, or cut back hours due to child's health
6.19 Avoided changing job to maintain insurance
6.20a Time spent providing at home health care
6.20b Time spent coordinating health care
6.21 Received child care from others at least 10 hours/week, 0-5 years
6.22 Sleep position, 0-12 months
6.24 Child goes to bed same time on weeknights
6.25 Adequate amount of sleep, 4 months-17 years
6.26 Food insufficiency
6.27 Received food or cash assistance

Neighborhood Safety and Support

7.1 Supportive neighborhood
7.2 Safe neighborhood
7.3 Safe school, 6-17 years
7.4 Neighborhood amenities
7.5 Presence of detracting neighborhood elements

Notes:
- **MCHB Title V National Performance Measures (NOM) and National Outcome Measures (NOM) are in bold types.**
- The definition of all measures can be found in the 2019-2020 NSCH codebook and through the information icon on the data query at childhealthdata.org.
- The indicator numbers are not comparable with surveys prior to 2016.

Full survey instruments are available at the HRSA's MCHB website.

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