



Leveraging CAHMI's Data Resource Center State Systems Development Initiative Workshop

Title V Maternal & Child Health Federal-State Partnership Meeting
October 20, 2024

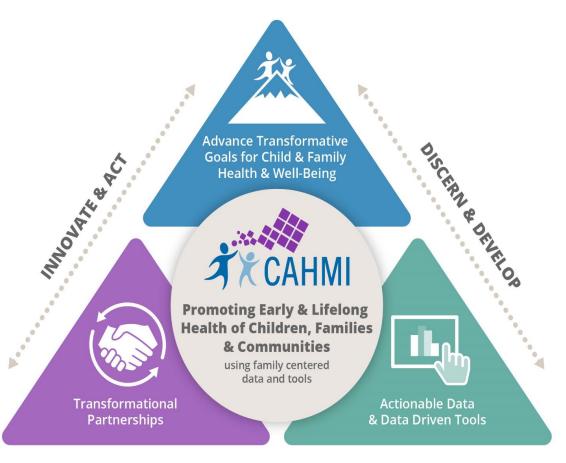
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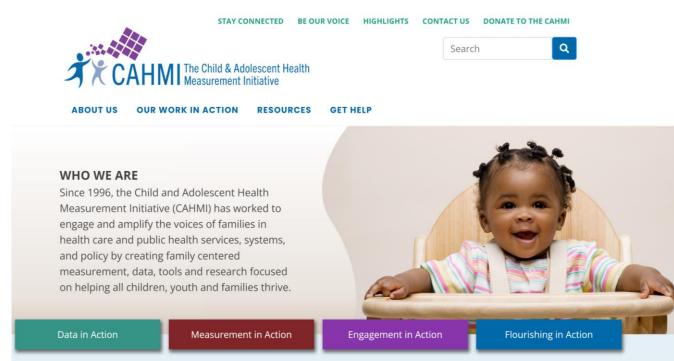


What is the CAHMI?

Theory of Change



Our 27 years to promote early and lifelong health using family centered research, data and tools





State Systems Development Initiative

The goals of the SSDI program are directly aligned with those of the CAHMI

- 1) Strengthen capacity to collect, analyze, and use reliable data for the Title V MCH Block Grant to assure data-driven programming;
- 2) Strengthen access to, and linkage of, key MCH datasets to inform MCH Block Grant programming and policy development, and assure and strengthen information exchange and data interoperability;
- 3) Enhance the development, integration, and tracking of **social determinants of health (SDoH) metrics** to inform Title V programming;
- 4) Develop and enhance **capacity for timely MCH data collection**, analysis, reporting, and visualization to inform rapid state program and policy action related to emergencies and emerging issues/threats











The resource links included in this document provide a high-level summary of resources to help you leverage the Data Resource Center (www.childhealthdata.org) and Related Child and Adolescent Health Measurement Initiative (CAHMI) resources to support each step of the needs assessment process.

TA Priority

Topics are organized by steps along the Title V Needs Assessment process and MCH resource category.



RESOURCES

Resources include videos, documents, research and reports, related models and tools and data and measurement resources



QUICK LINKS

Links are provided throughout. Look out for hyperlinked text to access resources. Simple language is used





November 2023

Citation: Child and Adolescent Health Measurement Initiative (2023). "Starting Point Quick Links – Title V Needs Assessment." Data Resource Center for Child and Adolescent Health supported by the U.S. Department of Health and Human Services, Health Resources and Services Administration (HRSA), Maternal and Child Health Bureau (MCHB).

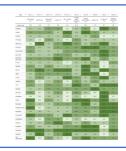
Quick Glance Overview of CAHMI Resources for SSDI Consideration

Data Resource Center for Child and Adolescent Health

- Interactive Data Query
- Hot Spotting Tables
- U.S. Maps
- Crosswalk of NSCH Survey Items
- Content Maps

Schenking





Measurement in Action: Steps 2,3,4,5,6,9

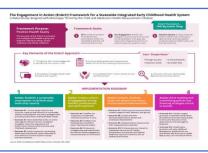
- Information on wide array of validated measures
- MCH Measures Compendium-cross system indicators
- Measurement Research Network
- National Strategic Measurement Agenda

The control of the co



Engagement in Action: Steps 1,6,7

- Engagement in Action (EnAct!) Framework
- Cycle of Engagement Well Visit Planner Approach
- Shared Care Planning for CSHCN







Over **half** of all US children experience complex social and relational health risks –this is 2/3 of those with a mental health condition



Social Health Risks:

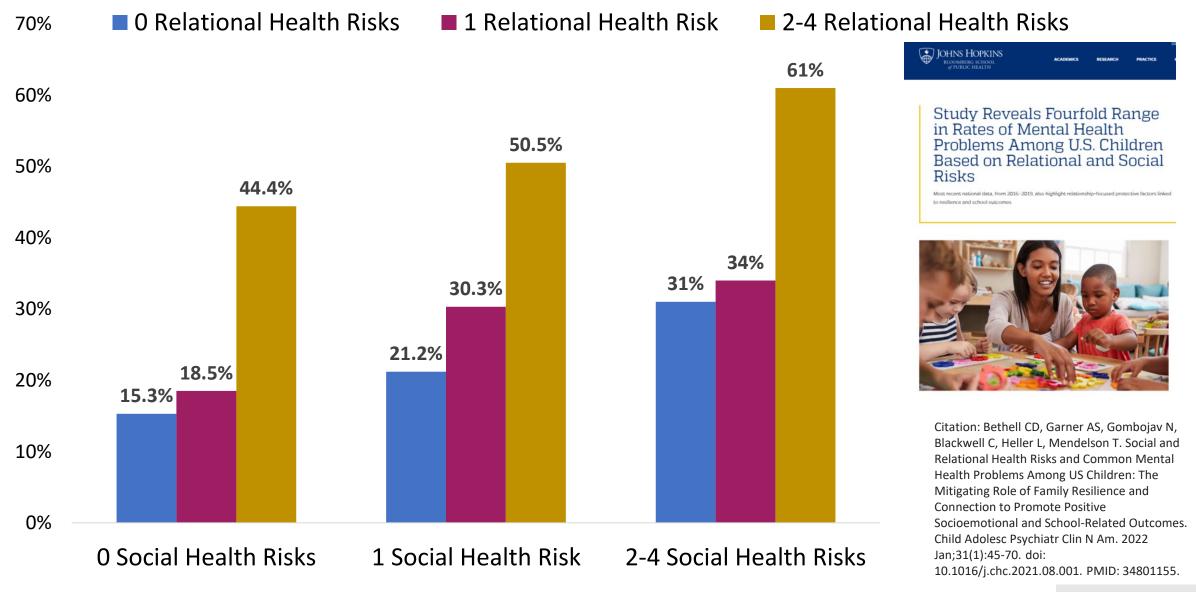
Poverty, food insecurity, exposure to community violence, racism, etc.

Relational Health Risks:

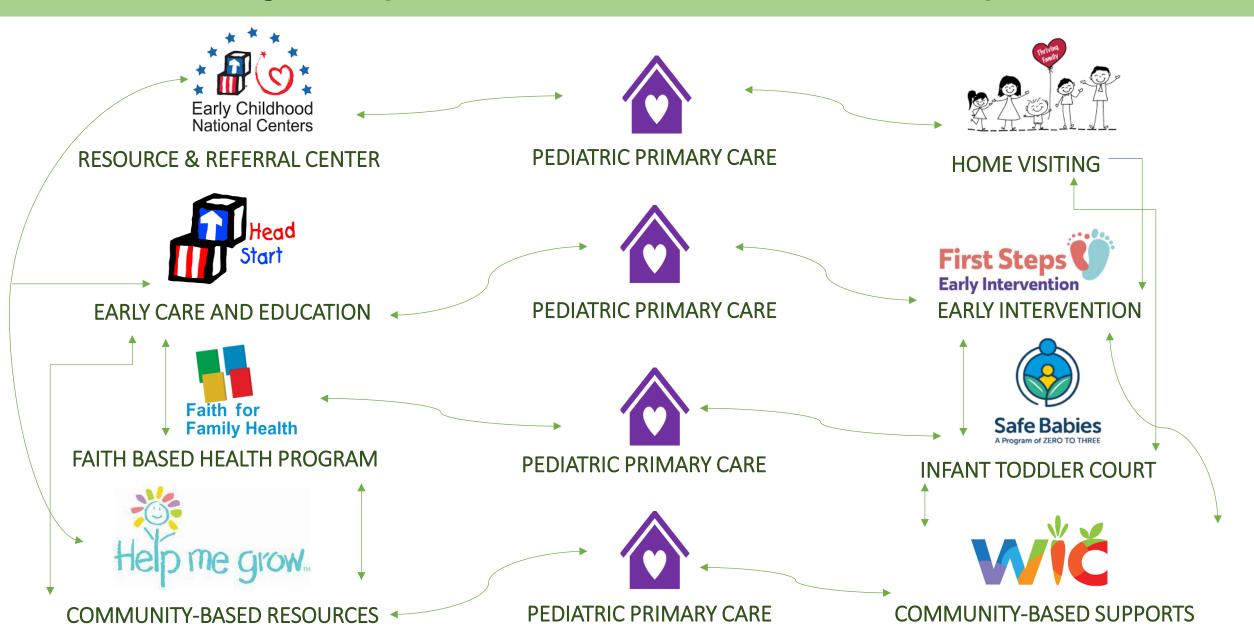
Adverse childhood experiences (ACEs), low parental mental health, low parent emotional support, etc.

60% of children with relational health risks DID NOT have social health risks

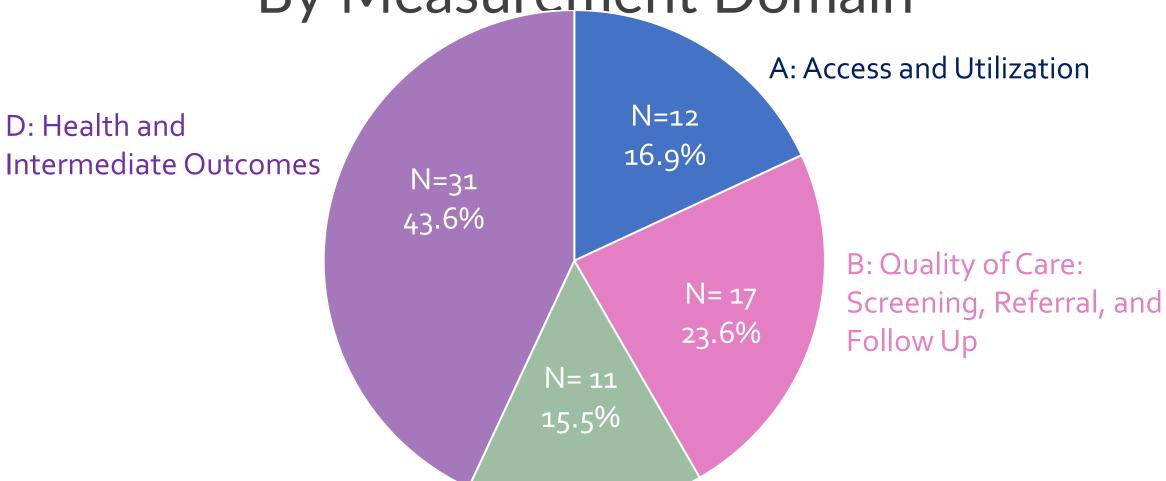
WHOLE CHILD AND FAILY INTEGRATED SYSTEMs TRANSFORMATION REQUIRED! EXAMPLE: Prevalence of Mental, Emotional and/or Behavioral Health Problems By Children's Exposure to Social and Relational Health Risks



Intentional collaboration across system partners to support families and children based on their agenda is possible with the Well Visit Planner interoperable tool



71 Topical Areas Across 9 MCH Programs By Measurement Domain



C: Quality of Care: Care Processes, Education, and Counseling

- A Prenatal and Postpartum care
- A Receipt of Dental Care Services
- A Well Child Visits
- A Adolescent Well Visits
- A Well Woman Visit
- B Completed Depression Referrals
- B Depression Screening
- B Early Childhood Developmental Screening
- B Tobacco, Alcohol or Other Drug Cessation Referrals/Treatments for Adults and/or Caregivers
- C Weight Assessment, Counseling for Nutrition, Physical Activity
- C Child and Adolescent Immunization status
- D Emergency Department Visits and Injury Hospitalizations
- D Low Birth Weight

13 Topical Areas Shared Across 3+ MCH Programs (out of 71 topical areas and 309 measures)

5 agencies involved:

1. CHCs

2. MIECHV

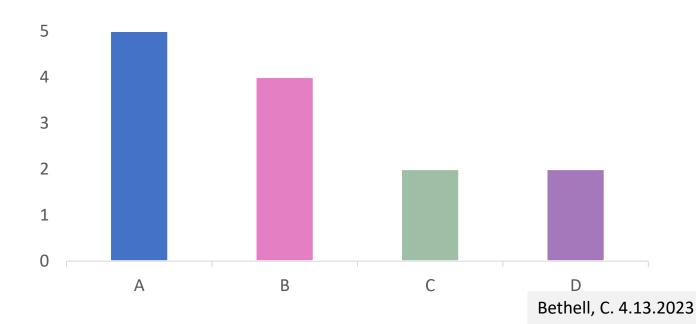
3. HEDIS

4. Medicaid/CHIP

5. Title V

Note: In 2024 Medicaid/CHIP, MIIECHV, Title V and CHCs/FQHCs will be required to report on Development Screening rates

Depression Screening and Prenatal/Postpartum Care are aligned across all five



The Engagement in Action (EnAct!) Framework for a Statewide Integrated Early Childhood Health System

Collaboratively designed with Mississippi Thrive! by the Child and Adolescent Health Measurement Initiative



The purpose of the EnAct! framew is to catalyze child health equity a improve child flourishing, school readiness and family resilience.

Key Elements of th



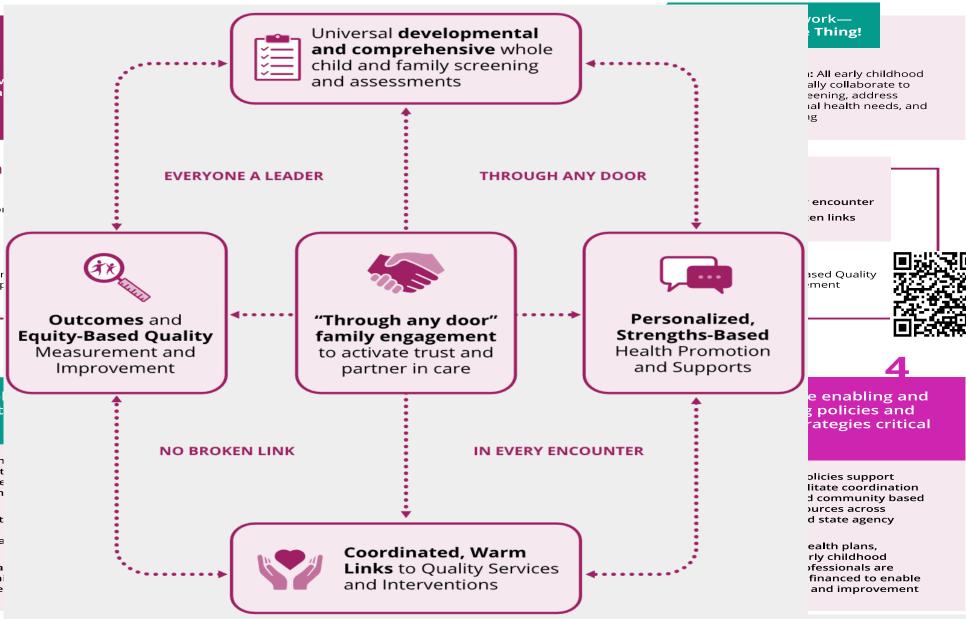
1. "Through any door to activate trust and



3. Personalized, Str Promotion and Sur

Action: Establish a sustainabl cross-system, multi-level stat leadership capacity

- Outcome #1: A cross-sector body has th structure, capacity and influence to sust advance state program and policy strate promote positive early childhood health
- Outcome #2: State leadership builds an state agency infrastructure to coordinat strategies, resources, operations and performance measures that promote ea childhood development
- Outcome #3: Local community coordina bodies lead and link with state leadershid drive effective frontline systems change and improvements



Source: Child and Adolescent Health Measuremer

Source: Child and Adolescent Health Measurement Initiative, Feb. 2023

ethell, C. 2023

The Cycle of Engagement Family Engaged IT Tool for Local Data: Real Time, Valid, Interoperable

Completed

periodically





Select Language English V

Have a provider ID code? Use it here

Share with others!

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About

Family Resources

Provider Info

Contact Us

Welcome to the Well Visit Planner®

Your Child, Your Well Visit

A quick and free pre-visit planning tool to focus care on your unique needs and goals.

Get started now:

Covers all 15 age-specific well visits from your child's first week of life to age 6

Enter provider ID code

Continue without code



Take about 10 minutes to get a personalized Well Visit Guide. Get the best care focused on your child and family's unique goals and needs.

What families like about using the Well Visit Planner (WVP):

- ✓ Saves time filling out forms during visits
- Gives you a personalized Well Visit Guide with results specific to your child and family
- Provides easy to read resources on your needs and priorities
- ✓ Helps you and your child's providers focus care on your goals and needs
- ✓ Builds confidence that your child's care meets expert guidelines
- ✓ You choose what sections to complete and share.



Learn more here!

What is a Well Visit: Well visits are regular check-ups with your child's personal doctor, nurse, or other child health professional. At least 15 visits are recommended in the first six years of life when children are

Three Easy Steps for Using the Well Visit Planner



REFLECT & ASSESS



Reflect on what's going well and identify your goals and concerns. Assess your child's healthy development and family's unique needs.



PRIORITIZE



Prioritize what you want to discuss during visits. Pick from recommended topics specific to your child's age and add your own topics.



PARTNER



Partner with your child's provider(s). Your Well Visit Guide helps you and your provider focus care on your goals, concerns, needs and priorities.

The Well Visit Planner was created to be used in partnership with your provider.

If you have a unique code from your provider, enter it here now:

Enter provider ID code

"The WVP *empowers families* so we can support their goals and needs. It gives us the *reassurance all screens are done* and we meet family priorities. Saves time to connect, build trust and link to supports." (Pediatrician)

www.cycleofengagement.org

Clinical Summary of Well Visit Planner® Findings: 15 Month Well Visit

some risk or concern

Date of Well Visit: No response • Date WVP Completed: 9/7/2022 • Birth Month & Year: 4/2021

no or low risk

Kev: ☐ family response indicated ☑ family response indicated ▣ family did not respond; nonresponse could indicate risk



Screening and Assessments Summary and Topics to Address: Assess & Address

Child Development **Developmental Surveillance and** Screening

☑ ① Developmental Screening SWYC milestones score1: 10 (Results from 15 Month SWYC: did not meet age expectations); score may or may not indicate a delay. Clinical review with family needed.

Very Much

- · Calls you "mama" or "dada" or similar
- · Looks around when you say things like "Where's your bottle?" or "Where's your blanket?"
- · Names at least 5 body parts like nose, hand, or tummy
- · Names at least 5 familiar objects like ball or milk

Somewhat

- Copies sounds that you make
- Walks across a room without help

Not Yet

- Kicks a ball
- Runs
- · Walks up stairs with help

- Follows directions like "Come here" or "Give me the ball"
- ☑ ⑤ Caregiver reports completing standardized developmental, behavioral screening: No
- □ Caregiver's overall level of concern about child's development, learning, behavior: A little
- ¬ Speaking concerns: No
- ¬ Lazy or crossed eyes: No
- □ Bowel movements/urination concerns:

Health Behaviors

- Smoking: Child exposed to smoking
- ☐ Flag for potential alcohol misuse □ Recreational/non-prescription drug use
- Relational Health Risks
- ☐ 1 Intimate partner violence risk2
- · Caregiver and partner work out arguments with some difficulty
- Some tension in relationship with partner

Social Factors/Determinants

- □ Lives with both parents: Yes
- Economic Hardship: Somewhat/very often hard to cover costs of basic needs, like food or housing
- ☐ Negative impact of COVID-19: Not a lot □ Impact of Covid-19 on family's well-being: Somewhat

Caregiver Emotional Health

- ☑ Depression risk: PHQ-2⁴ Score: 3:
- · Down, depressed, or hopeless several days over the past 2 weeks
- · Little interest or pleasure in doing things more than half the days over past 2 weeks
- ☐ Caregiver social support
- ☐ Caregiver self care/hobbies: Has spent time
- in last 2 weeks doing things they enjoy
- ✓ Caregiver coping: Not Very Well

Other assessments added by provider:

Autism spectrum disorder screen (M-CHAT R/F): Score unknown (incomplete) PEARLS ACEs score3: 3

PEARLS Toxic Stress Risk Factor score3: 1 Child flourishing: At Risk

Family resilience: At risk Parent-child connection: At Risk

See details on 2nd page

Additional caregiver/parent goals and/or concerns to address during the visit: Would like to discuss about my child's development and expectations.

About This Child

Name: Sara Initials (F M L): SM Special Keyword: dog WVP completed by: Mother Gender: No response

Insurance coverage/type: No response Interested in telemedicine visits: No Concerns about telemedicine to address: Family's privacy

General Health and Updates

Child's Health and Health History

- □ 1 Child has ongoing health problem requiring above routine services (CSHCN screener⁵)
- ¬ New medications
- □ Currently taking vitamins/herbal supplements:
- Dentist: Currently no dentist
- Fluoride: No fluoride in water source

Family History and Updates

- Recent family changes (e.g. move, job change, separation, divorce, death in the family): Move
- New medical problem in family
- Parent/grandparent had stroke or heart problem before age 55
- □ Parent has elevated blood cholesterol
- Strengths to Celebrate! Connect & Celebrate

Caregiver social support:

Caregiver has at least one person they trust and can go to with personal difficulties

Caregiver self care/hobbies:

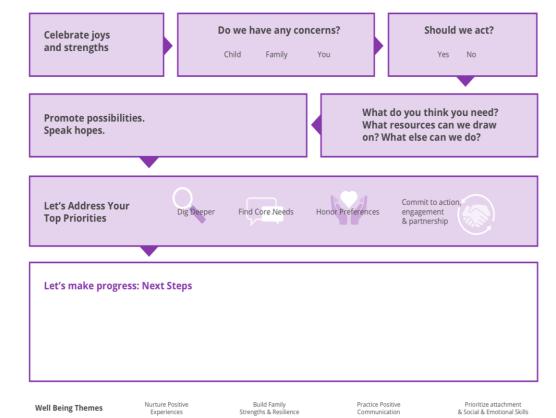
Caregiver has spent time in the last 2 weeks doing hobbies, self care, or sparetime activities they enjoy

One thing that is going well for the caregiver as a caregiver:

My parents are very supportive and they love my child.

AT-A-GLANCE CLINICAL **SUMMARY Powers the Personalized Connected Encounter**

Your Child, Your Well Visit





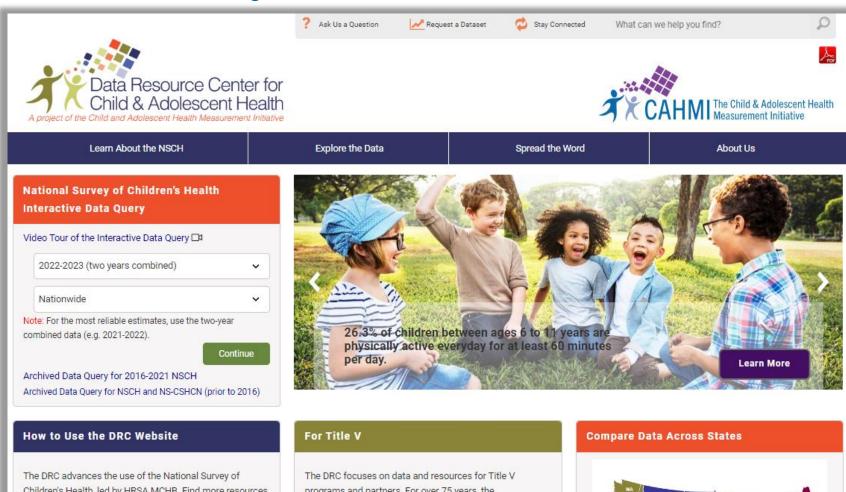
National Data Resource Center for Child and Adolescent Health (DRC)

The DRC is a national center assisting in the design, development, documentation and public dissemination of user friendly information about, data findings on and datasets and codebooks for the National Survey of Children's Health (NSCH).

childhealthdata.org

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number U59MC27866, National Maternal and Child Health Data Resource Initiative, \$4.5M. This information or content and conclusions are those of the author and should not be construed as the official position of or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.

www.childhealthdata.org



Children's Health, led by HRSA MCHB. Find more resources here:

- · About the DRC
- . DRC Frequently Asked Questions
- · Data available in the online data query
- · Request NSCH datasets
- · Download NSCH codebooks
- Ask Us a Question

programs and partners. For over 75 years, the HRSA Maternal and Child Health Bureau (MCHB) has funded the Title V program to ensure the health of the nation's mothers, women, children and youth.

- · Ways to Compare Data Across States on the
- · HRSA MCHB Title V Information System
- . Issue Brief: Health Disparities and Health Equity
- · Tell us what TA would be most useful to you!









CAHMI's DRC Resources

- □ Resources to learn about and use the NSCH data: Fast Facts, Methodology documents, guide to topics and questions, changes across years, more...
- **☐** Point-and-click Interactive Data Query:
 - ➤ Over 350 measures derived from NSCH, including National Outcome and Performance Measures, Standardized Measures
 - ➤ 26 population subgroups: race/ethnicity, federal poverty level, children with special health care needs status, insurance status/type, medical home, adverse childhood experiences, family resilience, system of care and more...
- ☐ Compare across states and each state with the national average:
 - > Across-States Interactive Data Query view findings on single indicators (and by subgroups) for all states
 - > Across-State Comparison Tables compare states on all NSCH derived NPMs and NOMs
 - Across-State Comparison US Maps view US maps to compare each state's finding with the nation on NOMs and NPMs
- ☐ "Ready to Drive" downloadable NSCH datasets with constructed variables, codebooks, etc.
- ☐ Technical Assistance –focus on national, state and local public health programs



Child and Family Health Data for Title V Needs Assessment

Background

Title V Maternal and Child Health legislation requires states to prepare a statewide needs assessment every five years consistent with national health objectives and health status goals. The next five-year Needs Assessment will be submitted by July 15th 2025. Each state's assessment will identify need for the following services and priority populations:

- Preventive and primary care services for pregnant women, mothers and infants up to age one;
- · Preventive and primary care services for children; and
- Services for children with special health care needs (CSHCN).

Online resource for child health care quality data

The Data Resource Center for Child and Adolescent health (DRC) website offers standardized national- and state-level child health data from the National Survey of Children's Health (NSCH). The site's interactive data query feature allows users to search and compare state, national and regional results for an array of child health indicators including National Performance and Outcome Measures. In addition, users can stratify and compare findings for children by age, household income, race/ethnicity, family structure, special health care needs status, adverse childhood experiences and more. DRC staff are also available to provide expert technical assistance.

Access at MCHneeds.net



How the Data Resource Center Can Help
Immediate access to over 350 state-specific indicators of child health and well-being for children overall and children with special health care needs (CSHCN) provides information to help frame and choose critical questions.
"Point and click" menus allow users to explore disparities and gaps in access to care and services for various subgroups of children and CSHCN.
User-generated tables and bar charts supply prevalence and count estimates to help guide selection of priority needs.
"All States" ranking maps and tables provide benchmark data to assist in identifying state- negotiated performance measure targets.
Information on national, within and across state variation using standardized indicators encourages dialogue and helps stimulate collaborative efforts within the MCHB, Department of Health, and other state organizations.
Centralized resource for population-based survey questions to use in collecting standardized child health data, helping to inform local and program-level evaluation efforts.

		Freque	ncy	Population Groups with State Level Information Available on the Da Resource Center (DRC) Website					
Priority Need	Priority Topic	2020 State Count	2020 State %	Early Childhood (0-5 years)	School Age (6-17 years)	All Children (0-17 years)	Children with Special Health Care Needs (CSHCN)		
Transition Care	Access to Quality Care	27	45.0%		x (12-17y)		x		
Reducing Disparities	Health Equity	25	41.7%			Х	х		
Developmental Screening	Access to Quality Care	24	40.0%	x (9-35m)			х		
Access to Preventive Care	Access to Quality Care	23	38.3%			Х	Х		
Systems of Care for CYSHCN	Access to Quality Care	23	38.3%			X	х		
Medical Home	Access to Quality Care	20	33.3%			Х	Х		
Behavioral Health	Access to Quality Care	20	33.3%			x (3-17y)	х		
Breastfeeding	Healthy Behaviors	19	31.7%	х			х		
Oral Health Services	Access to Quality Care	17	28.3%			x (1-17y)	х		
Reducing Disparities	Social Determinants of Health	16	26.7%			х	х		
Protective Factors	Access to Quality Care	15	25.0%			X	х		
Reducing Disparities	Access to Quality Care	15	25.0%			х	х		
Tobacco	Healthy Behaviors	14	23.3%			X	х		
Social Emotional Health	Access to Quality Care	13	21.7%			Х	х		
Obesity	Health Status	13	21.7%		x (10-17y)		х		
Low Birth Weight/Very Low Birth Weight/Prematurity	Health Status	13	21.7%			х	х		
Economic Stability	Social Determinants of Health	12	20.0%			х	Х		
Specialized Care	Access to Quality Care	11	18.3%			Х	Х		
Protective Factors	Healthy Behaviors	11	18.3%			Х	х		
Care Coordination	Access to Quality Care	9	15.0%			Х	Х		
Health Insurance Coverage	Access to Quality Care	9	15.0%			Х	х		
Bullying/Harassment	Healthy Behaviors	9	15.0%		Х		Х		
Physical Activity	Healthy Behaviors	8	13.3%		Х		х		

² Altarum (2021) State Priorities and Performance Measures Trends Retween 2015 and 2020 "Priority needs identified in the EV2021-EV2025 needs assessment cycle are referred to as "2020 priority needs"

Go to

www.childhealthdata.org
to interactively Explore
and Access Information
and Resources on the
Majority of State
Priorities for Improving
MCH Outcomes and
System Performance

Measure			Frequ	iency	Resources	Available or Center (DRC	(DRC) Website				NSCH Da	H Data Found on DRC				
Number	Measure Short Name	Population Domain	Number of States	Percent of States	Early Childhood (0-5 years)	School Age (6-17 years)	All Children (0-17 years)	CSHCN	2016	2017	2018	2019	2020	2021	2022	
NPM 6	Developmental Screening	Child Health	38	64.4%	x			х	х	х	x	x	х	x	Х	
NPM 8	Physical Activity	Child Health, Adolescent Health	20	33.9%		х		х	х	х	x	x	х	x	Х	
NPM 9	Bullying	Adolescent Health	18	30.5%		x (12-17y)		x	*	*	x	x	х	х	х	
NPM 10	Adolescent Well-Visit	Adolescent Health	32	54.2%		x (12-17y)		х	х	х	*	х	х	х	Х	
NPM 11	Medical Home	Child Health, Adolescent Health, CSHCN	39	66.1%			x	x	х	х	х	х	х	х	Х	
NPM 12	Transition	Adolescent Health, CSHCN	36	61.0%		x (12-17y)		х	х	х	х	х	х	х	X	
NPM 13.2	Preventive Dental Visit	Child Health, Adolescent Health	15	25.4%			x (1-17y)	х	х	х	х	х	х	х	х	
NPM 14.2	Smoking - Household	Child Health, Adolescent Health	3	5.1%			Х	Х	х	х	х	х	х	х	X	
NPM 15	Adequate Insurance	Child Health, Adolescent Health	6	10.2%			х	X	х	х	х	х	х	х	х	
NOM 14	Tooth Decay or Cavities		-	-			x (1-17y)	х	х	х	х	х	Х	х	х	
NOM 17.1	CSHCN	-	-	-			Х		х	х	х	х	х	х	Х	
NOM 17.2	CSHCN Systems of Care	-	-	-			Х		Х	Х	Х	Х	х	Х	Х	
NOM 17.3	Autism	•	-	-			x (3-17y)	x	х	Х	х	х	Х	Х	X	
NOM 17.4	ADD or ADHD		-	-			x (3-17y)	х	Х	Х	Х	Х	Х	Х	X	
NOM 18	Mental Health Treatment or Counseling		-	-			x (3-17y)	х	х	х	Х	Х	х	Х	X	
NOM 19	Overall Health Status			-			Х	Х	х	х	Х	Х	х	Х	Х	
NOM 20	Obesity	-	-	-		x (10-17y)		x	х	х	х	х	Х	х	х	
NOM 25	Forgone Health Care	_	-	-			Х	Х	Х	Х	Х	Х	Х	Х	Х	

³ Maternal and Child Health Bureau. National Performance Measure Distribution, Available at https://mchb.tvisdata.hrsa.gov/PrioritiesAndMeasures/NPMDistribution

Go to

www.childhealthdata.org
to interactively Explore
and Access Information
and Resources on 18
NOMs and NPMs based
on NSCH data.

Updated NOMs and NPMs coming soon!

Four Key DRC Online Website Features

https://www.childhealthdata.org/



HRSA MCHB Title V Information System

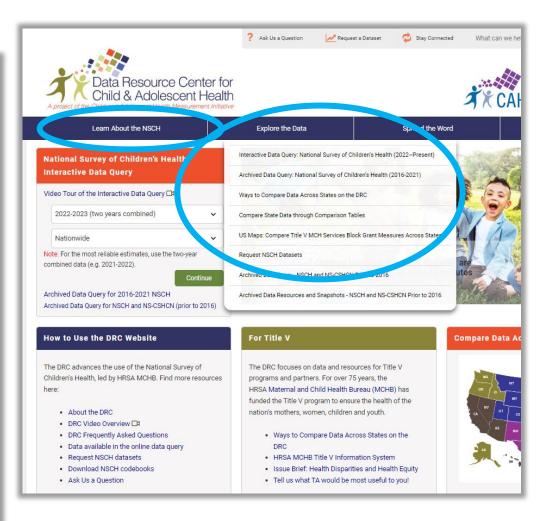
. Issue Brief: Health Disparities and Health Equity

. Tell us what TA would be most useful to you!

Request NSCH datasets

· Ask Us a Question

Download NSCH codebooks





Child and Family Health Measures 2022-2023 National Survey of Children's Health

childhealthdata.org

Physical, Oral Health and Functional Status

1.2 Condition of teeth, 1-17 years

1.3 Breastfed ever, 0-5 years

size, 6-17 years

1.6 Concern about weight

1.7 Low birth weight

1.8 Premature birth

1.5 Physical activity, 6-17 years

weekend day, 3-5 years

1.7a Low or very low birth weight

1.9 One or more health conditions

1.10 One or more functional difficulties

special health care needs

2.1 Bullied others, 6-17 years

2.5 Argues too much, 6-17 years

2.2 Bullied, 6-17 years

3-17 years

1.12 Effect of conditions on daily activities

2.6 Making and keeping friends, 6-17 years

2.7 Prevalence of ADD/ADHD, 3-17 years

2.7b Medication for ADD/ADHD, 3-17 years

2.8 Prevalence of autism/ASD, 3-17 years

2.8b Medication for autism/ASD, 3-17 years

2.8c Received behavioral treatment for autism/ASD,

2.8e Type of doctor or health care provider first to tell

2.9 Medication for ADD/ADHD, autism/ASD or other emotional, behavioral difficulties, 3-17 years

2.10 Mental, emotional, developmental, or behavioral

that child had autism/ASD, 3-17 years

2.8a Severity of autism/ASD, 3-17 years

2.8d Age of diagnosis for autism/ASD

problems, 3-17 years

2.7a Severity of ADD/ADHD, 3-17 years

1.11 Children with special health care needs

1.11a Children who meet the expanded criteria for

1.2a Oral health problems, 1-17 years

1.4 Weight status (BMI), 6-17 years

1.4b Ever told that child is overweight

1.3a Exclusively breastfed, 6 months-5 years

1.3b: Exclusively breastfed, 6 months-2 years

*Eating- or body image-related behaviors and

1.4c Child concerned about body weight, shape,

*Time spent outdoors on most weekdays/average

Prevalence of current or lifelong conditions

Severity of current or lifelong conditions

2.3 Flourishing for young children, 6 months-5 years

2.4 Flourishing for children and adolescents, 6-17 years

2.7c Received behavioral treatment for ADD/ADHD, 3-17

caregiver concerns, 6-17 years

*Consumption of sugary drinks, vegetables, or fruit,

1.1 Health status

Emotional and Mental Health

Consistency of insurance coverage

3.1 Current health insurance status

Type of health insurance

3.4 Adequacy of current insurance

3.4a Adequate and continuous insurance

Health Care Access and Ouality

Community and School Activities

5.1 Special education plan or early intervention

Family Health and Activities

Neighborhood Safety and Support

- 7.1 Supportive neighborhood Safe neighborhood
- Safe school, 6-17 years Neighborhood amenities
- Presence of detracting neighborhood elements

- 4.1 Medical care visit
- Received health care visits by video or phone 4.1a Preventive care visit/check-up
- 4.1b Time with doctor during preventive care visit/check-up
- 4.1c Doctor spoke with child privately, 12-17 years

3.6 Out-of-pocket cost for medical and health care

- 4.2 Dental care visit, 1-17 years
- 4.2a Preventive dental care, 1-17 years
- 4.3 Received both preventive medical and dental care
- 4.4 Received mental health care, 3-17 years
- 4.4a Difficulties obtaining mental health care, 3-17 years
- 4.5 Received care from a specialist doctor
- 4.5a Difficulties obtaining specialist care
- 4.6a Saw an eye doctor
- 4.6b Received a vision screening from a provider other than eye doctor
- Hospital emergency room visit
- Hospital admission
- Doctor asked about parental concerns, 0-5 years
- 4.10 Developmental screening, 9-35 months
- 4.11 Special services for developmental needs
- 4.11a Age started receiving special services for developmental
- 4.12 Medical home
- 4.12a Personal doctor or nurse
- 4.12b Usual source for sick care
- 4.12c Family-centered care
- 4.12d Difficulties getting referrals
- 4.12e Effective care coordination
- 4.14 Shared decision-making
- 4.15 Transition to adult health care, 12-17 years
- 4.17 Systems of care
- 4.18 Forgone health care
- 4.19 Problems paying medical bills
- 4.20 Frustrated in efforts to get services
- 4.21 Received evaluation for Fetal Alcohol Spectrum Disorder

- 5.1a Age started special education or early intervention plan, 1-17 years
- 5.2 School engagement, 6-17 years 5.2a Child's grades, 6-17 years

plan, 1-17 years

- 5.3 Repeated grade(s) in school, 6-17 years
- 5.4 Missed school days, 6-17 years 5.5 Participation in organized activities,
- 6-17 years Parent participation in child's
- event/activities, 6-17 years Participation in community service or volunteer work, 6-17 years
- Work for pay, 12 -17 years
- 5.9 Adult mentor, 6-17 years
- 5.11 School readiness, 3-5 years
- *School readiness domains, 3-5 year

*This child's learning, individual items, 1-5 years

- The definition of all measures can be found in the 2022-2023 NSCH codebook and through the information icon on the data query at childhealthdata.org.
- Estimates are not comparable with 2016-2021 data archived on the DRC query due to weighting and imputation changes in the public use files provided by the U.S. Census Bureau.
- Estimates are not comparable with estimates from surveys conducted prior to
- *Includes multiple survey items.

Full survey instruments are available at the HRSA's MCHB website.

6.1 Physical health status of mother

- 6.1a Physical health status of father 6.2 Mental health status of mother
- 6.2a Mental health status of father
- 6.3 Overall health status of mother
- 6.3a Overall health status of father
- 6.4 Someone living in the household smokes
- 6.4a Someone smokes inside the home
- 6.4b Someone uses e-cigarettes or vapes in home
- 6.5 Caregiver(s) employment status
- 6.5a Children living in "working poor" families
- 6.6 Family shares ideas, 6-17 years
- Family reads to children, 0-5 years
- 6.8 Family sings and tells stories to children, 0-5
- Family eats meals together
- 6.10 Time spent in front of a TV, computer, cellphone or other electronic device
- 6.12 Family resilience
- 6.13 Adverse childhood experiences
- 6.14 Parental aggravation
- 6.15 Emotional help with parenthood
- 6.16 Coping with daily demands of raising children
- 6.17 Job change due to problems with child care, 0-5 years
- 6.18 Left a job, took a leave of absence, or cut back hours due to child's health
- 6.19 Avoided changing job to maintain insurance
- 6.20a Time spent providing at home health care
- 6.20b Time spent coordinating health care
- 6.24 Child goes to bed same time on weeknights 6.25 Adequate amount of sleep, 4 months-17 years
- 6.26 Food insufficiency
- 6.27 Received food or cash assistance
- 6.28 Child receives Supplemental Security Income (SSI)
- 6.29 Housing instability
- 6.30 Caregiver stress about being evicted or removed from house

Citation: Child and Adolescent Health Measurement Initiative (2024), "Child and Family Health Measures Content Map, 2022-2023 National Survey of Children's Health". Data Resource Center for Child and Adolescent Health supported by the U.S. Department of Health and Human Services, Health Resources and Services Administration (HRSA), Maternal and Child Health Bureau (MCHB). Retrieved [mm/dd/yy] from [www.childhealthdata.org].

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Humans Services (HHS) under grant number U59MC27866, National Maternal and Child Health Data Resource Center, \$4.5M. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS, or the U.S. Government.

+ Over 350 Child and Family Health Measures

Including Child Flourishing, School Readiness, **Family** Resilience, **Systems Performance**



New National Outcome and Performance Measures, and Standardized Measures Derived from NSCH

Title V Maternal and Child Health Services Block Grant Measures Available from the combined 2022-2023 National Survey of Children's Health **National Performance Measures National Outcome Measures** Standardized Measures (NPM) (MOM) NPM: Breastfeeding, age 6 months-2 years NOM: School readiness, age 3-5 years SM: Someone living in the household NPM: Housing instability, age 0-11 years NOM: Tooth decay/cavities, age 1-17 years smokes, age 0-17 years NPM: Developmental screening, age 9-35 months NOM: Children's health status, age 0-17 years SM: Physical activity, age 12-17 years NPM: Preventive dental visit, age 1-17 years NOM: Obesity, age 6-17 years SM: Adequate and continuous insurance, NPM: Physical activity, age 6-11 years NOM: Behavioral or conduct disorders, age 0-17 years NPM: Food sufficiency, age 0-11 years age 6-11 years SM: Forgone health care, age 0-17 years NPM: Adolescent well visit, age 12-17 years NOM: Adolescent depression or anxiety, NPM: Mental health treatment or counseling, age 12-17 years age 12-17 years NPM: Adult mentor outside of household, age 12-17 years NOM: CSHCN systems of care, age 0-17 years, NPM: Medical home, age 0-17 years* NOM: Flourishing for young children, NPM: Personal doctor or nurse, age 0-17 years * age 6 months-5 years NPM: Usual source for sick care, age 0-17 years* NOM: Flourishing for children and adolescents, NPM: Family centered care, age 0-17 years* age 6-17 years* NPM: Referrals, age 0-17 years* NOM: Adverse childhood experiences, age 0-17 NPM: Care coordination, age 0-17 years* NPM: Transition to adult health care, age 12-17 years* *Measured with two denominators: all children and children with special health care needs (CSHCN). NPM: Bully others, age 12-17 years* NPM: Bullied, age 12-17 years* *Measured with two denominators: all children and children with Citation: Child and Adolescent Health Measurement Initiative (2024). "Title V Maternal and Child Health Services Block Grant Measures Content Map, 2022-2023 National Survey of Children's Health". Data Resource Center for Child and special health care needs (CSHCN). Adolescent Health, supported by the U.S. Department of Health and Human Services, Health Resources and Services Administration (HRSA), Maternal and Child Health Bureau (MCHB). Retrieved [mm/dd/yy] from [www.childhealthdata.org]. This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Humans Services (HHS) under grant number U59MC27866, National

View Findings by Subgroups Subgroups Age in 3 groups Sex of child Race/ethnicity of child Race/ethnicity of child -- 7 categories Parental nativity Primary language in household Primary household language for Hispanic children Family structure Family income level Family income level (SCHIP) Highest education of adult in household Military status of adult(s) in household Family resilience Child flourishing, 6 months - 17 years (coming soon) Adverse childhood experiences Special health care needs status Special health care needs status -- Expanded criteria Complexity of health care needs Complexity of health care needs -- Expanded criteria Emotional, behavioral, or developmental issues for which treatment or counseling is needed Family resilience Medical home Current insurance status Adequate and consistency of health insurance Consistency of health insurance coverage Type of health insurance

Well-functioning systems of care

+ Over 350 Child and Family Health Measures

should any endorsements be inferred by HRSA, HHS, or the U.S. Government.

Maternal and Child Health Data Resource Center, \$4.5M. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor

Changes to NSCH Derived NOMs, NPMs and SMs Across Years





Title V National Performance Measure. National Outcome Measure. and Standardized Measure Changes in the National Survey of Children's Health (NSCH)

This document summarizes changes in the Title V National Performance (NPM) and Outcome Measures (NOM), and Standardized Measures (SM) across survey years.

In 2024, the Title V NPMs and NOMs were updated. New measures have been added and some measures have new denominators (subsets of children). Some measures are no longer NPMs and NOMs and are now classified as Standardized Measures. For more information on the Title V MCH Block Grant measures, review this document. View a crosswalk of survey items from 2016 through 2023 for additional information on itemlevel changes. Data for the new measures are available starting with the 2021-2022 combined year dataset on the DRC Intercative Data Query.

The 2016 NSCH data serves as a baseline. Data collected prior to 2016 cannot be compared due to significant changes in the survey design and operation, including the shift from telephone interviews to a self-administered, address-based survey completed by web or paper and pencil.

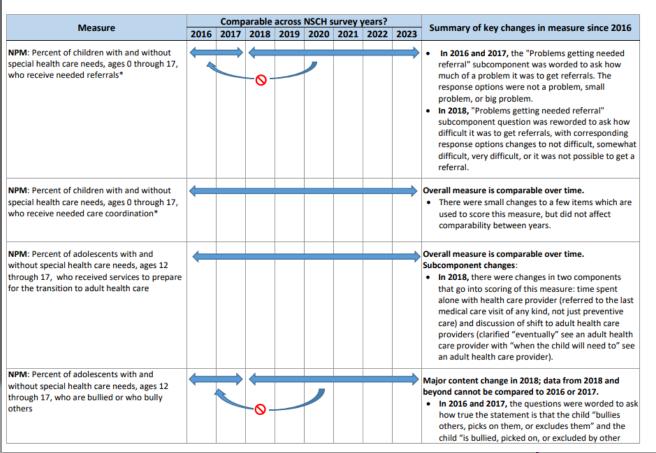
Symbols Key:

Measure is comparable across survey years

Measure is not comparable across survey years

Measure designated as Title V measure for first time in 2022

		Comparable across NSCH survey years?							6
Measure	2016	2017	2017 2018 2019 2020 2021 2022 2023 Summary of key change		Summary of key changes in measure since 2016				
National Performance Measures (NPMs)									
NPM: Percent of children, ages 6 months through 2 years, who were breastfed exclusively for 6 months*	~							-	Survey items have no changes In 2022 NSCH, coding changed to categorize childre who did not stop breastfeeding before six months cage AND had no valid response to either item on introducing formula or introducing anything other than breast milk as children exclusively breastfed for first 6 months. Changes have been applied retrospectively on the DRC.
NPM: Percent of children, ages 0 through 11, who experienced housing instability in the past year*	X	X	X	X	x	X	(\Rightarrow	No changes The survey items were new in 2022.





Guidelines to Optimize Data for Local Areas Using Synthetic Estimate

www.childhealthdata.org



Your State Data... Your Local Story

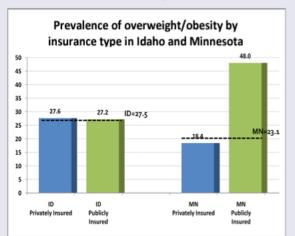
Local Uses of National and State Data

And how to construct a synthetic estimate

Do you always need local data?

No! In fact, national and state data can often be applied locally and have many local uses:

- Reforms needed at the state level are likely also needed at the local level this isn't likely to change with slight prevalence differences
- · Combined with what is already known about your local area, state level data can be very powerful in informing change and measuring benchmarks
- Data collection is expensive consider what you can do with the data and information already available
- Local data make up state estimates. If demographic distributions between a local area and the state are



similar, state and local estimates likely are too. However, large within-state demographic variation may mean that local areas actually differ markedly from the state as a whole. In these cases, a synthetic estimate can help provide a more accurate local picture.

The graph to the left is an example of when summary measures do not tell the whole story. In Idaho, the state overweight/obesity prevalence is quite similar to that for both privately and publicly insured children within the state. However, in Minnesota that is not the case. While Minnesota has a lower overall prevalence, it has much greater disparities in overweight/obesity by insurance type. We would not have known this had we not stratified by an important subgroup.

Similarly, local areas within a state can vary on factors known

or suspected to affect health, health care and the other topics in the NSCH and the NS-CSHCN. Synthetic estimates can

So, let's calculate a synthetic estimate! We'll estimate the percentage of children in Marin County with a medical home.

STEP 1: Determine the prevalence of your variable by selected demographic category at the state level. You can choose any variable for which you have state-level data.

www.childhealthdata.org provides data on numerous measures of child health and well-being and allows stratification by various subgroups. We used data from the 2007 NSCH to find the prevalence of having a medical home in California stratified by race/ethnicity.



STEP 2: Determine the number of children in your county who fall into each category of the demographic characteristic you are using. You can use any demographic variable for which you have county and state-level information.

Race/Ethnicity Category	Distribution in Marin County
Latino/Hispanic	16,241
White	31,583
Black	1,269
Multiracial	2,570
Other	1,968
Total	53 631

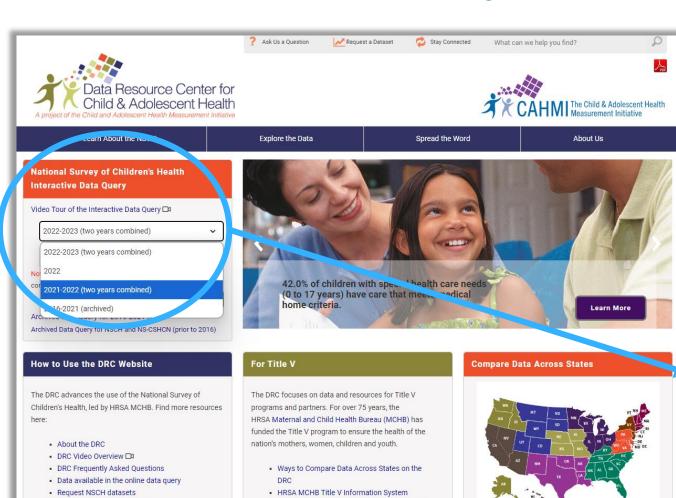
We got the 2007 race distribution in Marin County directly from KidsData.org (California only).

Note that we combined the Native American and Asian/Pacific Islander groups from the KidsData website into an "other" category to match categories in the 2007 NSCH. It is important to make sure the groupings in your two data sources match! You can also access county-level information from places such as: www.KidsCount.org, www.census.gov and your state department of finance.

STEP 3: Calculate the estimate. First, determine the estimated number of children who meet the indicator of interest within each demographic group for your selected county. In this example, it is the number of children with a medical home by race in Marin County (3rd column in the table below).

Then, determine the prevalence of your variable	Race/Ethnicity Category	Distribution in Marin County	% with medical home by race in CA	# with medical home by race in Marin County				
of interest in your county by	Latino/Hispanic	16,241	37.6%	16,241*0.376= 6,107				
dividing the total number of	White	31,583	65.7%	20,750				
children in the county who	Black	1,269	42.2%	536				
meet that variable by the total number of children in	Multiracial	2,570	71.0%	1,825				
the county. Here, we divide	Other	1,968	50.6%	996				
the total number of children	Total	53,631		30,214				
estimated to have a medical home in Marin County by the total number of children living in Marin County in								

How do I access data on the DRC? Interactive Data Query



. Issue Brief: Health Disparities and Health Equity

. Tell us what TA would be most useful to you!

· Download NSCH codebooks

· Ask Us a Question

National Survey of Children's Health (2016 - present)

To begin your interactive data search:

- 1) Select a survey year and geographic level.
- Select your desired topic/starting point (at-a-glance content maps are available to view/download at this step).
- Select your measure.

These steps will direct you to a results page where you can compare across states, regions and by numerous subgroups.

Note: For the most reliable estimates, use the two-year combined data (e.g. 2021-2022).

Watch a Video Tour of the Interactive Data Query □

Data Source:

National Survey of Children's Health, Health Resources and Services Administration, Maternal and Child Health Bureau.

https://mchb.hrsa.gov/data/national-surveys

Citation:

Child and Adolescent Health Measurement
Initiative. [Title of the document] [Insert name and
year of survey]. Data Resource Center for Child and
Adolescent Health supported by the U.S.
Department of Health and Human Services, Health
Resources and Services Administration (HRSA),
Maternal and Child Health Bureau (MCHB).
Retrieved [mm/dd/yy] from
[www.childhealthdata.org].



The Maternal and Child Health Bureau and the Census Bureau revised imputation and weighting by race and ethnicity for the 2022 NSCH. The updated weights are applied to the 2022 and 2021-2022 NSCH data but have not been applied to estimates prior to 2022 on the DRC data query. Revised 2021 datasets are available on the Census Bureau's Data Release page. Please read the weighting revisions technical document for more information.

1. Select a Survey Year and Geographic Area

elect a Year	
2021-2022 (two years combined)	V
Lect a State/Region	
Nationwide	~

2. Select a Starting Point/Topic

Over 300 indicators and survey items for child and family health and well-being

Title V Maternal and Child Health Services Block Grant Measures (Content Map A)

National Performance and Outcome Measures, and Standardized Measures

Interactive Data Query:

National Survey of Children's Health (2022-present)

To begin your interactive data search:

- 1) Select a survey year and geographic level.
- 2) Select your desired **topic/starting point** (**at-a-glance content maps** are available to view/download at this step).
- 3) Select your measure.

These steps will direct you to a results page where you can compare across states, regions and by numerous subgroups.

Note: For the most reliable estimates, use the two-year combined data (e.g. 2022-2023).

Watch a Video Tour of the Interactive Data Query□

Archived Data Query for 2016-2021 NSCH

Standardized Measures

Data Source:

National Survey of Children's Health, Health Resources and Services Administration, Maternal and Child Health Bureau.

https://mchb.hrsa.gov/data/national-surveys

Citation:

Child and Adolescent Health Measurement
Initiative. [Title of the document] [Insert name and
year of survey]. Data Resource Center for Child and
Adolescent Health supported by the U.S.
Department of Health and Human Services, Health
Resources and Services Administration (HRSA),
Maternal and Child Health Bureau (MCHB).
Retrieved [mm/dd/yy] from
[www.childhealthdata.org].

1. Select a Survey Year and Geographic Area Select a Year 2022-2023 (two years combined) Select a State/Region Nationwide 2. Select a Starting Point/Topic Title V Maternal and Child Health Services Block Grant Measures (Content Map A) Title V Maternal and Child Health Services Block Grant National Performance and Outcome Measures O National Performance Measures O National Outcome Measures

Interactive Data Query

3. Select a Survey Question (click the ① for more information on the question)
NPM: Breastfeeding, age 6 months-2 years 🕕
NPM: Housing Instability, age 0 to 11 years 🕕
NPM: Developmental screening, age 9-35 months 🕕
NPM: Preventive dental visit, age 1-17 years 🕕
NPM: Physical activity, age 6-11 years 🕦
NPM: Food sufficiency, age 0-11 years 🕕
NPM: Adolescent well visit, age 12-17 years 🕕
NPM: Mental health treatment or counseling, age 12-17 years 🕕
NPM: Adult mentor outside of household, age 12-17 years 1
NPM: Medical home (1)
NPM: Medical home, children with special health care needs (1)
NPM: Personal doctor or nurse i
NPM: Personal doctor or nurse, children with special health care needs 1
NPM: Usual source of sick care 1
NPM: Usual source of sick care, children with special health care needs 1
NPM: Family centered care 1
NPM: Family centered care, children with special health care needs (1)
NPM: Referrals (1)
NPM: Referrals, children with special health care needs 🕕
NPM: Care coordination 1
NPM: Care coordination, children with special health care needs 1
NPM: Transition to adult health care, age 12-17 years 🕕
NPM: Transition to adult health care, adolescents with special health care needs, age 12-17 years 🕦
NPM: Bully others, adolescents, age 12-17 years 🕕
NPM: Bully others, adolescents with special health care needs, age 12-17 years 🕕
NPM: Bullied, adolescents, age 12-17 years 🕕
NPM: Bullied, adolescents with special health care needs, age 12-17 years 🕕

Current Search Criteria

Survey: 2022-2023 National Survey of Children's Health

Starting Point: Title V Maternal and Child Health Services

Block Grant Measures

State/Region: Nationwide (quick edit)

Topic: National Performance Measures

Question: NPM: Medical home, children with special health

care needs 🕕

Sub Group: Race/ethnicity of child -- 7 categories



National Performance Measure: Percent of children with special health care needs, ages 0 through 17, who have a medical home 1

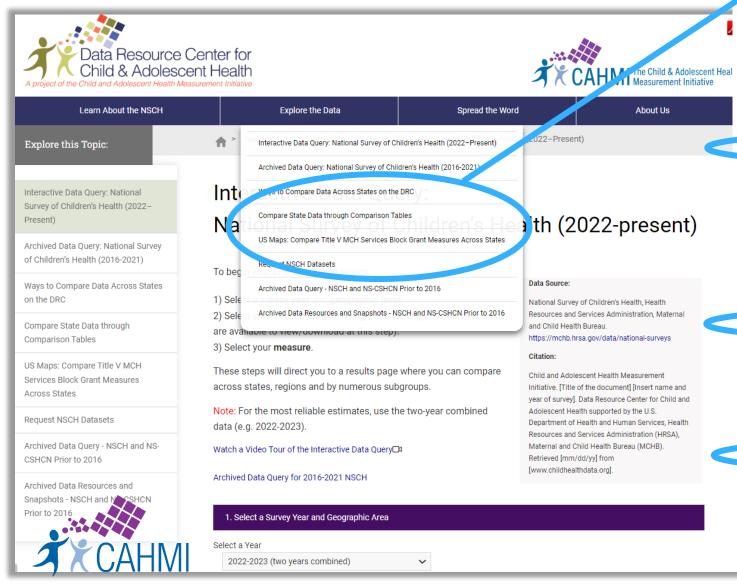
		CSHCN who have a medical home	CSHCN who do not have a medical home	Total %
	%	31.6	68.4	100.0
Hispanic	C.I.	28.8 - 34.7	65.3 - 71.2	
Парашс	Sample Count	1,251	2,484	
	Pop. Est.	1,108,788	2,395,162	
	%	45.0	55.0	100.0
White, non-Hispanic	C.I.	43.7 - 46.4	53.6 - 56.3	
white, non-ruspanic	Sample Count	8,256	9,422	
	Pop. Est.	3,425,518	4,182,237	
	%	34.4	65.6	100.0
Dlack van Hianania	C.I.	30.9 - 38.0	62.0 - 69.1	
Black, non-Hispanic	Sample Count	717	1,126	
	Pop. Est.	806,634	1,540,002	
	%	32.9	67.1	100.0
Acian non Hispania	C.I.	27.7 - 38.6	61.4 - 72.3	
Asian, non-Hispanic	Sample Count	331	578	

View Findings by Subgroups

	Subgroups
	Age in 3 groups
	Sex of child
4	Race/ethnicity of child
	Race/ethnicity of child 7 categories
	Parental nativity
	Primary language in household
	Primary household language for Hispanic children
	Family structure
	Family income level
	Family income level (SCHIP)
	Highest education of adult in household
	Military status of adult(s) in household
	Family resilience
	Child flourishing, 6 months - 17 years (coming soon)
	Adverse childhood experiences
	Special health care needs status
	Special health care needs status Expanded criteria
	Complexity of health care needs
	Complexity of health care needs Expanded criteria
	Emotional, behavioral, or developmental issues for which treatment or counseling is needed
	Family resilience
	Medical home
	Current insurance status
	Adequate and consistency of health insurance
	Consistency of health insurance coverage
	Type of health insurance
	Well-functioning systems of care



Compare Data Across States



Ways to Compare Data Across States on the DRC

There are three primary ways to compare data across states using the DRC website. Your options include:

- View findings on single indicators (and by subgroups) for all states using our Across-States Interactive Data Query (see below for steps)
- Compare states on all NSCH derived Title V National Outcome and Performance Measures using our Across-State Comparison Tables
- View US maps shaded to indicate how each state's finding differs from the nation on Title V National Outcome and Performance Measures using our Across-State Comparison US Maps

Steps for Using the DRC Across-State Interactive Data Query:

- I. Ou to mo need
- 2. Select "All States" in the drop-down menu where you select the state or region you wish to see results for
- 3. Select your indicator of interest
- 4. Select any subgroups you wish to view the indicator by
- 5. View findings for all states and sort by the response option you are interested in by clicking on the response option at the top of the data table
- If you selected a subgroup, select the specific indicator response option you wish to view across-state findings for by your subgroup
- 7. If you want to return to the interactive query just for your state (or with one other geographic area), just click on the state and it will return you to the state by state (and two areas at a time) data query option

Steps for Using the Across-State Comparison Tables

- 1. 00 10 110
- 2. Select to view National Outcome or Performance Measures
- 3. The color-coding in the table represents a state's comparison with national estimates
- 4. To sort a measure by state prevalence, click the arrows at the top of the column
- 5. To see the full measure description, hover over the measure title
- To compare national and state level data and to access subgroup level data in the data query, click on any prevalence estimate in the table

Steps for Using the Across-State Comparison US Maps

- I. Go to the more con-
- 2. Select the National Outcome or Performance Measure you wish to view
- 3. The color-coding in the map represents a state's comparison with national estimates
- 4. To compare national and state level data, click on any state

Accessing on the spot details on measurement specifications

Current Search Criteria

Survey: 2022-2023 National Survey of Children's Health Starting Point: Title V Maternal and Child Health Services

Block Grant Measures

State/Region: Nationwide (quick edit)

Topic: National Performance Measures

Question: NPM: Medical home, children with special health

care needs 🕕



National Performance Measure: Percent of children with special health care needs, ages 0 through 17, who have a medical lome 1

	CSHCN who have a medical home	CSHCN who do not have a medical home	Total %
%	39.7	60.3	100.0
C.I.	38.5 - 40.8	59.2 - 61.5	
Sample Count	11,521	14,950	
Pop. Est.	6,004,260	9,132,481	

C.I. = 95% Confidence Interval.

Percentages and population estimates (Pop.Est.) are weighted to represent child population in US.



Percent of children with special health care needs who have a medical home
Children with special health care needs, age 0-17 years

Nationwide

Children with special health care needs who have a medical home

Survey Items: Survey instrument item number for children 0-5 years: C1, C8, C9, D1-D12; for children 6-11 years: C1, C8 C11, C12, D1-D12; for children 12-17 years: C1, C12, C13, D1-D12

Variables in public use data file: S4Q01; K4Q01; K4Q02_R (2022); GOWHENSICK (2023); K4Q04_R; K5Q10; K5Q11; K5Q40; K5Q41; K5Q42; K5Q43; K5Q44; K5Q20_R; K5021: K5022: K5030: K5031_R: K5032: SC_CSHCN (derived)

Denominator: Children with special health care needs, age 0-17 years

Numerator: CSHCN who have a medical home; CSHCN who do not have a medical home

Revisions and Changes: There have been changes to some of the survey items used to construct the medical home measure since 2016. Changes could be in the way the item was worded, in the response options provided, or in other areas such as a skip pattern change, question placement changes, etc. Even though there were changes in items, the overall concept of medical home and how it is measured in the survey did not change. For more information about the changes, click

In 2024, the Title V NPMs and NOMs were updated. Some measures have new denominators (subsets of children) and some new measures have been added. Several NPMs and NOMs are measured with two different denominators: all children and only children with special health care needs (CSHCN). Some measures are no longer NPMs and NOMs and are now classified as Standardized Measures. For more information on the Title V MCH Block Grant measures, review this document.

Additional Notes: The American Academy of Pediatrics specifies seven qualities essential to medical home care: accessible, family centered, continuous, comprehensive, coordinated, compassionate and culturally effective care. Ideally, medical home care is delivered within the context of a trusting and collaborative relationship between the child's family and a competent health professional who is familiar with the child and family and the child's health history. In the NSCH, the presence of a medical home was measured by a composite of five components constructed from a total of 14 survey items. These components are: 1) Personal doctor or nurse 2) Usual source for sick care 3) Family centered care 4) Problems getting needed referrals 5) Effective Care Coordination when needed. To qualify as having a Medical Home, children must meet the criteria for adequate care on the first three components: personal doctor or nurse, usual source for care, and family centered care. Additionally, any children who needed referrals or care coordination must also meet criteria for those components in order to qualify as having a medical home. Children with a valid, positive response to at least one component and the remainder of the components were missing or legitimately skipped are categorized as having a medical home. Further information about the Medical Home concept and measurement can be found in the medical home manual developed by the Child and Adolescent Health Measurement initiative (CAHMI) available on the CAHMI website.

The denominator for this National Performance Measure is children with special health care needs identified by the standardized CSHCN Screener. More information about CSHCN and the CSHCN Screener can be obtained on the Child and Adolescent Health Measurement Initiative's website.

Treatment of Unknown Values: Missing values may be due to non-response (i.e. a skipped item) or a "don't know" response. The way these items are handled can vary by measure. For NPMs and NOMs, having missing values for all items in an indicator will lead to the case being given a missing value on the overall measure. For some other measures, if there is a missing value on any of the items, the case will be set to missing. How missing values are handled is documented in the "Additional notes" field above when required.

Missing values are not included in the denominator when calculating prevalence estimates and weighted population counts displayed in the Interactive Data Query results table. In the majority of cases, the proportion of missing values is less than 2%. Exceptions are noted in the form of a Data Alert at the bottom of a results table. The exclusion of these values does not change the prevalence estimates (%) and only marginally affects the weighted population counts (Pop. Est.). To learn about the impact of the missing values on the population count estimates, click here.

History and Developmen

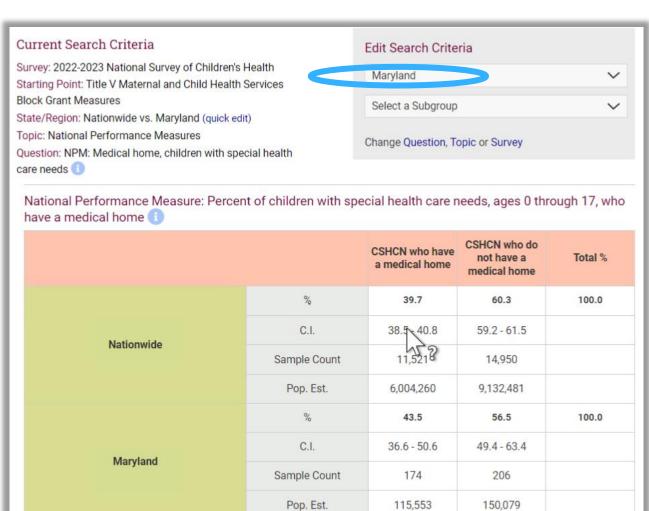
Overview of the Title V Block Grant

The Title V Maternal and Child Health (MCH) Services Block Grant Program is a federal-state partnership to improve the health and well-being of mothers, children (including children with special health care needs) and their families in all 59 states and jurisdictions. The Title V MCH Block Grant Performance Measure Framework enables states to demonstrate the impacts of Title V within a state. The performance measurement system utilizes national data sources, including the NSCH, to track the ultimate outcomes of the program - National Outcome Measures (NOMs) - and the key metrics of health behavior or health care access and quality - National Performance Measures (NPMs) - that influence NOMs. In 2024, the Title V NPMs and NOMs were updated. Some measures have new denominators (subsets of children) and some new measures have been added. Some measures are no longer NPMs and NOMs and are now classified as Standardized Measures. Learn more about the NPM and NOM content changes at the MCHB website and DRC website. More information about the Title V MCH Block Grant and performance measurement system can be obtained at the MCHB website.

he National Survey of Children's Health (NSCH), funded and directed by the Health Resources and Services Administration's (HRSA) Maternal and Child Health Bureau (MCHB), is designed to provide annual national and state-level information on the health and well-being of children ages 0-17 years in the United States. The U.s. Census Bureau administers the survey, oversees the sampling, and produces a final data set of survey results. HRSA's Maternal and Child Health Bureau (MCHB) develops survey content in collaboration with the U.s. Census Bureau and a Technical Expert Panel. The Technical Expert Panel consists of experts in survey methodology and children's health, federal and state stakeholders, clinicians and researchers. In 2016, the NSCH underwent a significant redesign which combined content from both the NSCH and the National Survey of Children with Special Health Care Needs (NS-CSHCN). Further information on that redesign can be found in "The Design and Implementation of the 2016 National Survey of Children's Health".

The NSCH is conducted as a household survey, and one child per household is selected to be the subject for the detailed age-specific questionnaire. The respondent to this questionnaire is a parent or guardian who is living in the home and has knowledge of the sampled child. Survey participants complete either web-based or self-administered paper-and-pencil questionnaires. Data from the NSCH is used for scientific research, federal policy and program development, and state-level planning and performance reporting. Information is collected on factors related to the health and well-being of children, including access to and

View Findings By States or Regions or Across All States or Regions At the Same Time



C.I. = 95% Confidence Interval.

Percentages and population estimates (Pop.Est.) are weighted to represent child population in US.

Current Search Criteria

Survey: 2022-2023 National Survey of Children's Health Starting Point: Title V Maternal and Child Health Services

Block Grant Moss

Sta e/Region: All States (quick edit)

Topic: National Performance Measures

Question: NPM: Medical home, children with special health

care needs 🕕

Edit Search Criteria

Select a State:

Select a State or Region

Select a Subgroup

Change Question, Topic or Survey

National Performance Measure: Percent of children with special health care needs, ages 0 through 17, who have a medical home

Notes: Click on the Column Header to sort the results by ascending or descending order. To get a detailed explanation of the data HOVER over the text in the table.

	State	CSHCN who have a medical home %	CSHCN who do not have a medical home %	Total %
1	Alabama	45.3	54.7	100.0
2	Alaska	41.5	58.5	100.0
3	Arizona	34.4	65.6	100.0
4	Arkansas	42.3	57.7	100.0
5	California	31.8	68.2	100.0
6	Colorado	37.6	62.4	100.0
7	Connecticut	36.1	63.9	100.0
8	Delaware	35.0	65.0	100.0
9	District of Columbia	35.1	64.9	100.0
10	Florida	29.3	70.7	100.0
11	Georgia	40.1	59.9	100.0
12	Hawaii	37.2	62.8	100.0
13	Idaho	44.3	55.7	100.0
14	Illinois	44.1	55.9	100.0
15	Indiana	45.6	54.4	100.0
16	lowa	41.8	58.2	100.0
17	Kansas	49.4	50.6	100.0
18	Kentucky	48.9	51.1	100.0
19	Louisiana	43.0	57.0	100.0
20	Maine	42.7	57.3	100.0

Across-State Comparison Tables

significant

Compare states on NSCH derived NOMs, NPMs and SMs

Title V National Performance Measures (NPMs) Across State Comparison Table, 2021-2022 NSCH

- To sort a measure by state prevalence, click the arrows below the measure title.
- Hover over each measure title to see the full measure description, learn whether high or lower prevalence means better performance and see the data source.
- Click on any prevalence estimate to compare national and state level data and to access subgroup level data (i.e. age, race, income, insurance type) for individual measures.

35.8

20.1

Louisiana

Maryland

75.6

23.7

62.6

Color Key of State Level Data When Compared to National Level Data

State had Significantly Lower Performance

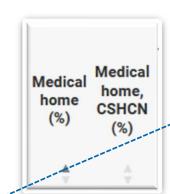
State had Lower Performance, but not statistically significant

State had Higher Performance, but not statistically

State had Significantly Higher Performance

The significance of differences between state and national prevalence was assessed using a nested t-test at p<0.05.

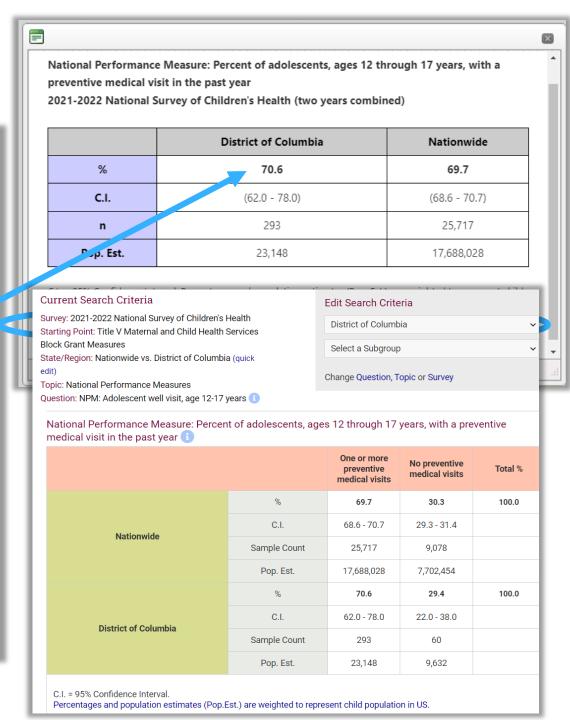




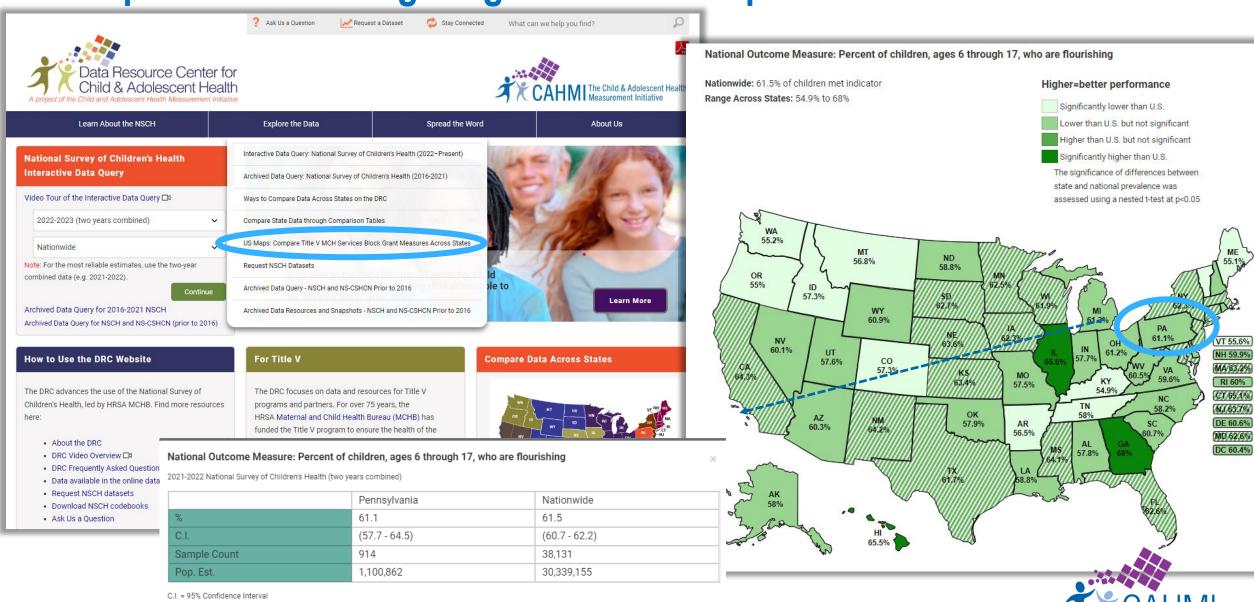
State	Breastfeeding, age 6 months-2 years (%)	Developmental screening, age 9-35 months (%)	Preventive dental visit, age 1-17 years (%)	Physical activity, age 6-11 years (%)	Food sufficiency, age 0-11 years (%)	Adolescent well visit, age 12-17 years (%)	Referrals (%)	Referrals, CSHCN (%)		Care coordination, CSHCN (%)	Medica home (%)	Medical home, CSHCN (%)	Transition to adult health care, age 12-17 years (%)
*	*	*	$\stackrel{\Delta}{\nabla}$	*	$\stackrel{\Delta}{\nabla}$	A.	Å.	Å V	\$	\$	*	\$	Å.
Nationwide	27.6	33.7	77.0	26.3	71.2	69.7	78.3	70.3	68.2	55.6	46.1	40.7	17.8
Nevada	21.6	24.5	73.4	16.0	66.4	58.6	72.2	56.7*	59.1	40.4	33.8	25.1	9.8
Florida	25.4	26.2	71.1	23.6	67.9	68.3	74.9	- 63.4*	65.0	55.2	39.3	32.6	13.4
New Mexico	31.9	29.8	81.8	22.6	66.4	60.2	70.1	59.3*	61.8	42.2	39.5	29.6	18.9
California	32.0	26.2	79.2	25.5	76.9	62.0	72.2	63.2	60.9	47.8	40.5	35.4	14.9
Texas	25.1	34.5	75.5	20:6	64.8	64.5	76.0	70.6	65.4	49.3	41.2	35.9	17.5
New Jersey	21.9	31.5	76.5	23.2	73.0	76.2	79.2	63.6*	64.0	52.9	42.3	6.7	17.6
Mississippi	23.0	30.9	72.1	27.9	57.9	61.6	79.6	72.1*	70.2	60.0	42.7	0.8	13.7
Arizona	27.5	28.1	77.7	20.1	69.7	64.2	73.0	60.3*	63.4	53.5	43.5	0.2	11.7
Delaware	22.4	34.3	75.4	27.7	70.5	74.2	87.6	86.0	71.8	59.3	44.2	0.2	15.3
Louisiana	20.1	35.8	75.6	23.7	62.6	71.0	84.1	78.7	73.2	61.8	44.3	9.9	14.4
District of Columbia	26.2	36.0	80.2	24.3	81.8	70.6	79.1	71.2*	65.4	62.2	45.4	1.4	18.8
New York	20.9	29.2	73.6	26.6	74.4	71.3	83.5	78.2	69.9	56.6	45.6	7.4	17.4
Indiana	29.3	24.8	73.7	32.6	66.3	73.7	73.8	71.9	68.0	51.5	45.8	3.0	18.9
Alaska	32.9	41.3	78.5	36.8	71.3	64.8	75.3	60.6*	62.1	46.5	46.0	9.9	19.5
South Carolina	25.5	45.3	76.3	26.6	68.5	70.6	81.0	73.8	76.0	60.4	46.2	1.1	17.7
Hawaii	33.6	34.6	82.7	19.9	65.9	68.9	79.1	64.9*	71.7	58.8	46.6	3.1	19.5
Arkansas	17.4	27.3	76.8	26.0	63.3	67.7	76.1	72.2	72.0	66.0	47.1	5.6	16.9
Idaho	22.7	26.4	81.4	33.0	70.1	62.3	76.7	62.2	68.6	59.0	47.4	1.9	20.4
Maryland	28.3	37.6	80.1	23.7	77.4	74.7	82.3	74.2*	70.7	57.6	47.6	9.7	16.1
Washington	41.3	40.5	85.1	27.7	73.4	69.0	74.4	62.1*	62.4	44.0	47.7	6.2	19.6
Illinois	26.1	33.3	76.3	35.3	72.9	71.4	77.2	73.4	71.5	60.0	47.9	5.6	18.0
Georgia	26.4	32.8	77.4	24.8	67.3	70.7	80.1	73.0	71.3	58.8	48.0	5.6	16.5
Rhode Island	21.9	39.9	81.2	25.7	75.8	70.6	83.3	76.2*	71.2	57.8	48.0	5.8	18.0
Michigan	29.2	44.6	78.3	27.9	75.2	72.9	79.7	71.1*	70.0	53.2	48.3	11.0	21.8
West Virginia	15.6	46.1	78.9	34.4	66.6	74.1	75.6	69.4	70.8	59.4	48.7	11.9	22.8
Oklahoma	27.5	35.4	73.8	23.6	59.8	66.8	76.2	66.6*	72.1	63.9	48.8	47.6	17.9
Virginia	29.6	30.3	76.8	21.5	73.3	67.4	75.9	66.7*	67.7	54.9	48.8	40.2	13.7
North Carolina	30.8	37.1	79.9	24.2	70.5	76.3	80.7	70.7*	70.5	57.2	48.9	41.2	18.7
Missouri	26.6	28.0	72.5	32.4	69.5	69.7	84.6	79.3	73.3	60.5	49.2	44.0	15.8
Connecticut	28.5	46.4	81.3	26.6	76.2	77.0	75.8	69.4*	70.4	58.9	49.3	37.4	15.6
Pennsylvania	29.1	32.2	78.1	31.5	71.1	76.8	87.7	81.9	70.3	56.5	50.0	43.5	20.9
Wisconsin	32.5	39.3	75.2	31.2	76.1	67.9	84.0	77.8	70.9	59.6	50.2	45.4	23.0
Wyoming	30.1	30.7	82.0	34.7	68.8	64.3	84.1	78.9	66.8	54.9	50.2	47.4	17.7

Click on measure and state to access the interactive query and continue exploring!

State	Breastfeeding, age 6 months- 2 years (%)	Developmental screening, age 9-35 months (%)	Preventive dental visit, age 1-17 years (%)	Physical activity, age 6- 11 years (%)	Food sufficiency, age 0-11 years (%)	Adolescent well visit, age 12-17 years (%)	Mental health treatment or counseling, age 12-17 years (%)	Adult mentor outside of household, age 12-17 years (%)	Personal doctor or nurse (%)	Personal doctor or nurse, CSHCN (%)	Usual source for sick care (%)	Usual source for sick care, CSHCN (%)	Family centered care (%)
*	∆ ∀	A V	A V	A	A V	A V	Å V	A V	A V	A V	<u>A</u> ₩	$\overset{\triangle}{\triangledown}$	A V
Nationwide	27.6	33.7	77.0	26.3	71.2	69.7	82.2	85.9	71.2	78.0	75.0	81.1	85.2
Alabama	21.4	34.2	78.2	31.0	66.9	70.1	76.1*	87.7	72.3	78.0	77.3	78.3	84.8
Alaska	32.9	41.3	78.5		71.3	64.8	76.7*	93.4	70.2	79.5		88.4	84.4
Arizona	27.5	28.1	77.7	20.1	69.7	64.2	81.1	83.3	66.3	71.8	74.6	77	82.8
Arkansas	17.4	27.3	76.8	26.0	63.3	67.7	83.9	88.3	69.9	78.1	J.0	80.8	85.3
California	32.0	26.2	79.2	25.5	76.9	62.0	83.7	80.8	67.9	/7.1	68.8	78.9	80.9
Colorado	40.7	44.1	82.9	26.4	76.6	74.0	82.7	88.0	75.0	79.2	80.8	83.4	86.4
Connecticut	28.5	46.4	81.3	26.6	76.2	77.0	89.6	85.3	73.9	78.5	76.4	74.5	86.6
Delaware	22.4	34.3	75.4	27.7	70.5	74.2	87.5	84.6	70.7	76.0	72.6	81.3	85.4
District of Columbia	26.2	36.0	80.2	24.3	81.8	70.6	65.4*	83.6	74.2	77.8	76.4	81.8	85.1
Florida	25.4	26.2	71.1	23.6	67.9	68.3	75.7*	83.6	68.0	72.1	70.8	78.3	83.1
Georgia	26.4	32.8	77.4	24.8	67.3	70.7	83.7	88.4	71.8	79.5	76.3	84.8	84.0
Hawaii	33.6	34.6	82.7	19.9	65.9	68.9	85.4	87.1	76.3	88.2	71.6	86.2	88.8
Idaho	22.7	26.4	81.4	33.0	70.1	62.3	81.2	91.1	72.4	80.3	78.2	85.7	88.1
Illinois	26.1	33.3	76.3	35.3	72.9	71.4	80.6	84.7	70.8	76.1	75.6	84.4	86.9
Indiana	29.3	24.8	73.7	32.6	66.3	73.7	81.8	89.8	71.7	76.0	77.6	84.3	86.5
Iowa	29.3	35.6	81.6	35.0	69.2	76.1	89.3	91.8	77.1	84.0	81.0	90.9	87.6
Kansas	39.2	33.4	81.1	28.0	72.6	73.7	93.6	90.8	74.9	85.9	80.8	91.4	88.4



Compare States Using Single-Measure Maps



Percentages and population estimates (Pop. Est.) are weighted to represent child population in US.

https://www.childhealthdata.org/browse/survey/allstates?q=10789

DRC "Ready to Use" Datasets

DRC dataset includes:

- All variables released in the Census public use file
- All DRC indicators and items shown on the DRC website:
 coded/constructed Child and Family Health Indicators and demographics
- All constructed NPMs and NOMs

Available Formats:

SAS, SPSS, Stata (some years) and CSV

Labels and Formats:

Variable, value labels and missing values are clearly labeled

A codebook, other survey documents, online resources will also accompany the datasets.

http://childhealthdata.org/help/dataset



Ask Us A Question (info@cahmi.org)

The DRC anticipates and provides quick links to resources for common questions from:

- State and national partners (Title V, CDC, HRSA)
- Community and local partners (non-profit, local community organizations)
- Participants and public (students, researchers, media, families, etc.)
- MCH systems professionals (health care, education, social services, wide range)
- Visit our Ask a Question page with FAQs and links to address common TA questions and responses. If you're question cannot be answered, feel free to email us at info@cahmi.org. We try to respond within 48 hours.

Examples of technical assistance area:

Data Research and Evaluation

CSHCN/Medical Home

CSHCN/Developmental Disabilities

Adequate Health Insurance Coverage

CSHCN Family Engagement

Examples of assistance provided:

General NSCH and DRC website

Understanding NSCH Data

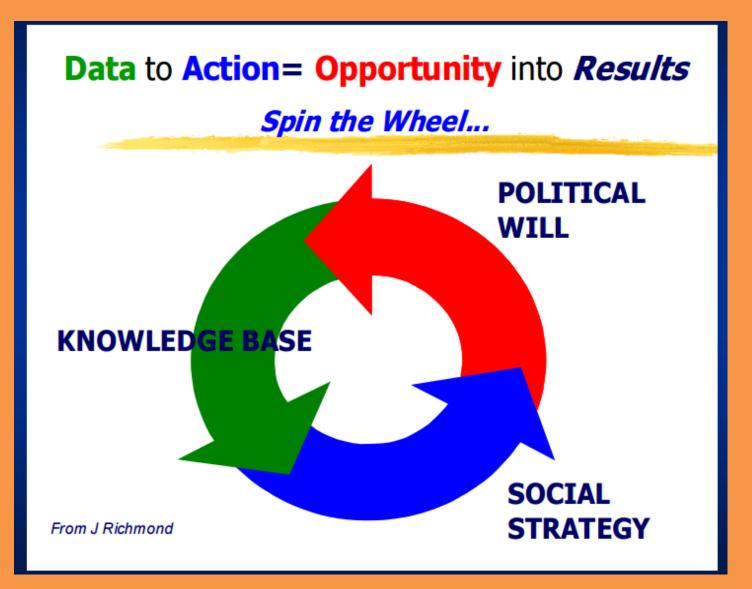
NSCH Data Analysis

Specific Measures or Variables in the NSCH

DRC and NSCH Citation Information



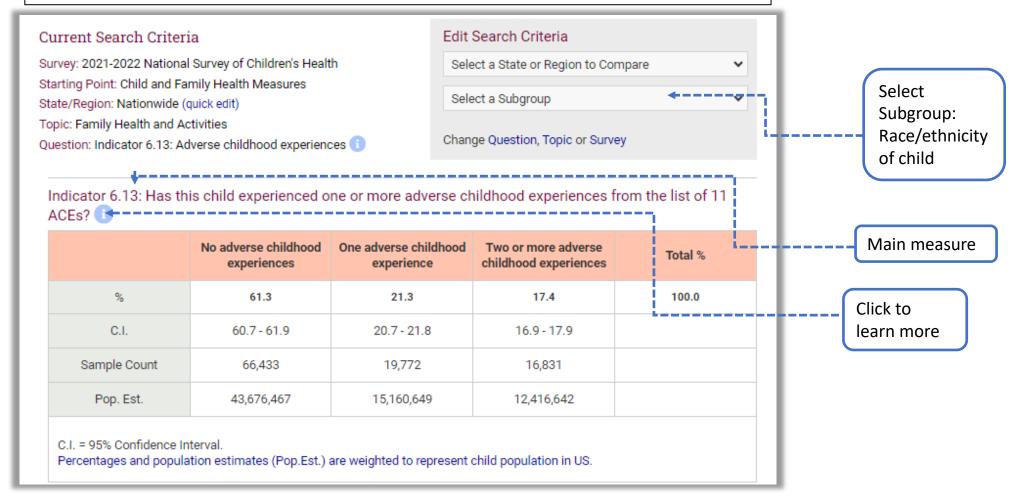
Transformational Change and the Creative and Effective Use of Data



- -Shared Vision
- -Build Trust
- -Committed Leadership
- -Incremental Success
- -Joint Ownership -Establish Credibility
- Avoid the 3C's: Control, Credit, Competition,

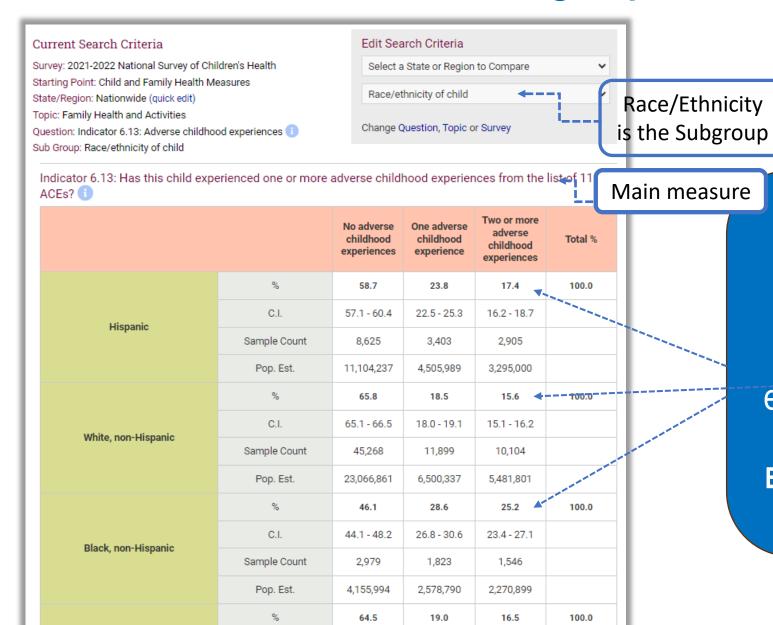
Spotlight: Using the DRC to Look at Subgroups

Example 1 - Subgroup Comparison: Prevalence of children who experienced two or more adverse childhood experiences by their race/ethnicity





How to Use DRC to Look at Subgroups

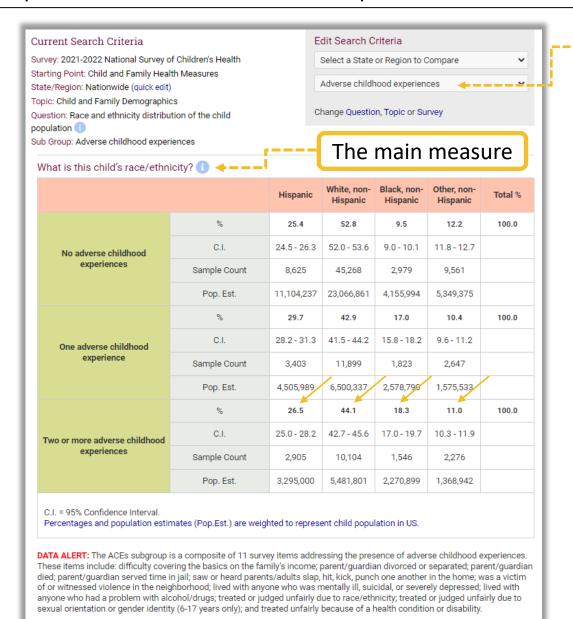


Subgroup Comparison Nationwide

This Reports:
Differences in prevalence of children who experienced two or more adverse childhood experiences by their race/ethnicity

Example Question: Are non-white children more likely to experience this outcome?

Example 2 - Distribution of children with a specific issue/topic, by race: Proportion of all children who experience Adverse Childhood Experiences that are Hispanic, White-NH, Black-NH, or other race/ethnicities.



ACEs is the Subgroup

This reports:

The proportion of all children meeting criteria for an indicator that fall into different race/ethnicity groups.

Example Question: Is there a disproportionate number of children who are Hispanic the experience this health risk?

No. Hispanic children are 26.5% of the population of children and also of the population with 2+ ACEs



SCAN ME

Thank you!

Contact Us

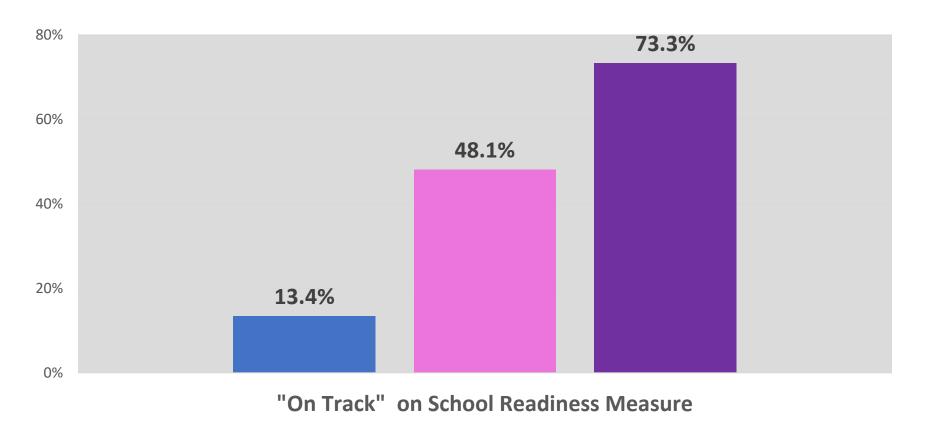
Email us at: info@cahmi.org

Visit "Ask a Question" page on the DRC





School Readiness by Child Flourishing (always/usually) 2022 NSCH Data: National



■ 0-1 Flourishing Criteria Met ■ 2-3 Flourishing Criteria Met ■ All 4 Flourishing Criteria Met

Flourishing Items for Young Children (how often)

- 1) is this child affectionate and tender?
- 2) does this child bounce back quickly when things do not go their way?
- 3) does this child show interest and curiosity in learning new things?
- 4) does this child smile and laugh?

Use the DRC Query to Explore Domains, Items, Subgroups. Get the "ready to drive" datasets/codebooks for more analysis.

"On Track", "Emerging", "Needs Support"; Plus 5 domain and 28 item-specific measures Wide variations by ACEs, Family Resilience and many other factors

uestion: School readiness domain: Early ge 3-5 years (i) gb Group: Family resilience	Change Question, Topic or Survey				
Does this child display age-appro	priate early learning s	skills, age 3-5 y	ears? 🕕		
		Needs support	Emerging	On track	Total %
Family demonstrates resilience	%	8.9	18.8	72.3	100.0
	C.I.	7.6 - 10.5	17.2 - 20.	70.2 - 74.2	
	Sample Count	574	1,640	6,927	
	Pop. Est.	834,280	1,756,08	6,748,913	
Family does not demonstrate resilience	%	16.8	31.5	51.8	100.0
	C.I.	13.0 - 21.4	25.5 - 38.1	45.8 - 57.7	
	Sample Count	162	365	837	
	Pop. Est.	258,204	484,481	796,896	



How many Paris 2024 Olympic Stadiums Would Children Age 3-5 Who Are Not "On Track" On School Readiness Measure Fill?

(4,279,247 Million Not "On Track"; 80,698 Stadium Seats)





Answer: 53.03 Paris Olympic Stadiums (4,279,247/80,698)

How about for children without childcare due to COVID-19: 65.7 Paris Olympic Stadiums

Making Data Come Alive in four easy steps!

Step 1: Select a relevant data point to your research, program or policy.

Step 2: Frame your message.

Step 3: Translate the data point into a meaningful concept.

Step 4: Present your findings to your audience.

Example

13.8 million children in the U.S. have special health care needs. This would fill 192,000 school buses and stretch 1,637 miles—greater than the distance from Washington, DC to Denver, CO! (2016-2017 NSCH)

Example

2.1 million CSHCN have parents who cut back and/or stopped working due to their child's condition. This is equivalent to the number of people who work for the US Federal Government. (2016-2017 NSCH)



All of the CSHCN living in Maryland would fill 3,586 school buses and stretch 27.2 miles

How far would the buses span if they were filled with subgroups of Maryland CSHCN?

Publicly Insured: 8 miles

Privately Insured: 20 miles

Uninsured: 1.2 miles

White: 11.5 miles

Non-white: 19 miles





School Readiness Example

- 1. Children age 3-5 who are NOT "On Track": 4,279,247 (get from DRC query output)
- 2. Number of children who fit in an average school bus: 90
- 3. Number of school buses filled with children not "On Track": 47,547
- 4. Length in feet of an average school bus: 40 feet
- 5. Feet of school buses filled with children not "On Track": 1,901,887 feet
- 6. Number of feet in a mile: 5280
- 7. Number of miles school buses filled with children who are not "On Track" would span: 360 Miles
- 8. How "long" is the State of Maryland (250 miles)
- 9. 360 miles = 1.44 times the length of the Maryland

Example

Nearly 4.3 million children age 3-5 in the U.S. were not "On Track" for being ready for school in 2022. This would fill 47,547 school buses and stretch 360 miles—which is 1.44 times longer than the entire state of Maryland! (2022 NSCH)



Family Engaged, Whole Child, Integrated Early Childhood Health Systems

The Engagement in Action (EnAct!) Framework for a Statewide Integrated Early Childhood Health System

Collaboratively designed with Mississippi Thrive! by the Child and Adolescent Health Measurement Initiative

Framework Purpose: Positive Health Equity

The purpose of the EnAct! framew is to catalyze child health equity a improve child flourishing, school readiness and family resilience.

Key Elements of th



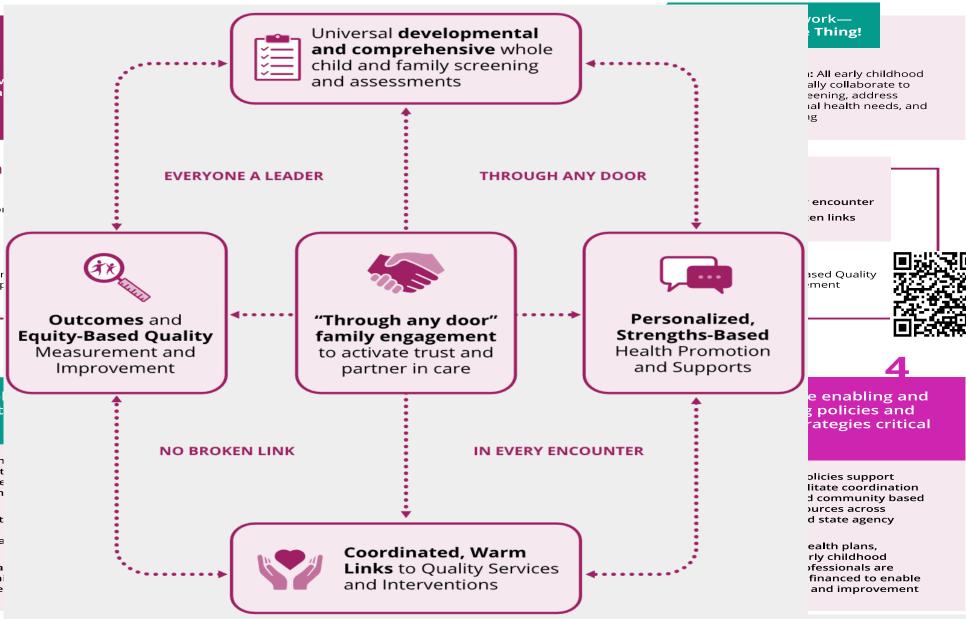
1. "Through any door to activate trust and



3. Personalized, Str Promotion and Sur

Action: Establish a sustainabl cross-system, multi-level stat leadership capacity

- Outcome #1: A cross-sector body has th structure, capacity and influence to sust advance state program and policy strate promote positive early childhood health
- Outcome #2: State leadership builds an state agency infrastructure to coordinat strategies, resources, operations and performance measures that promote ea childhood development
- Outcome #3: Local community coordina bodies lead and link with state leadershid drive effective frontline systems change and improvements



Source: Child and Adolescent Health Measuremer

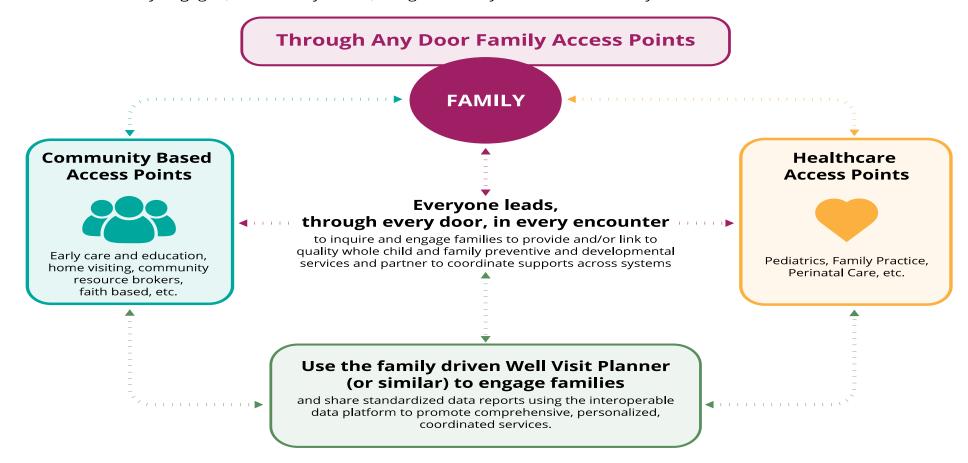
Source: Child and Adolescent Health Measurement Initiative, Feb. 2023

ethell, C. 2023

Through Any Door Family and Engagement And Supports

Illustration of the Engagement In Action Framework's Through Any Door Approach

Towards a Family Engaged, Community Based, Integrated Early Childhood Health System



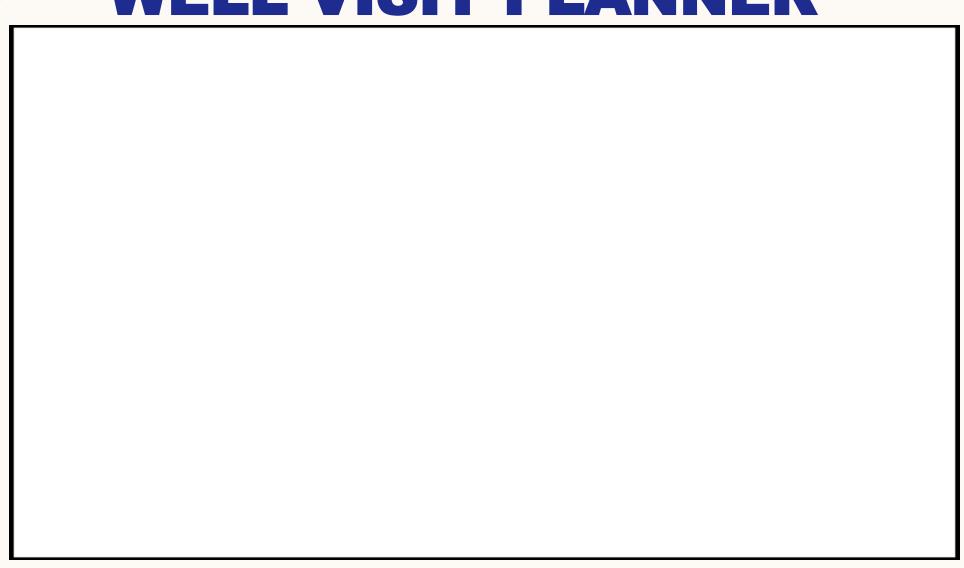
The Cycle of Engagement Tools



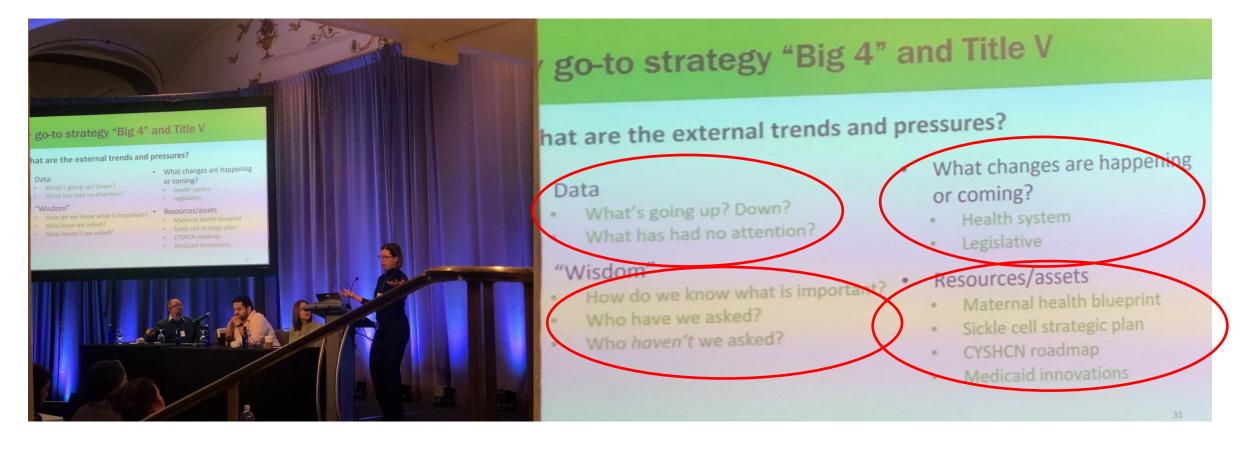




A QUICK OVERVIEW OF THE WELL VISIT PLANNER



Big-4 Approach to Needs Assessment From Our Morning Plenary—Amy Zapata (Louisiana)



Published: 08 October 2013

Optimizing Health and Health Care Systems for Children with Special Health Care Needs Using the Life Course Perspective

Christina D. Bethell [™], Paul W. Newacheck, Amy Fine, Bonnie B. Strickland, Richard C. Antonelli, Cambria L. Wilhelm, Lynda E. Honberg & Nora Wells

Maternal and Child Health Journal 18, 467–477 (2014) Cite this article

Taking Stock of the CSHCN Screener: A Review of Common **Questions and Current Reflections**

Christina D. Bethell, PhD, MBA, MPH¹ [Director, Professor], Stephen J. Blumberg, PhD² [Associate Director for Science], Ruth E. K. Stein, MD3 [Professor], Bonnie Strickland, PhD⁴ [Director], Julie Robertson, MPH, MSW¹ [Former Research Associate], and Paul W. Newacheck, DrPH⁵ [Professor]

¹Child and Adolescent Health Measurement Initiative, Department of Population, Family and Reproductive Health, Bloomberg School of Public Health, Johns Hopkins University, Baltimore,

Hvattsville, MD

³Albert Einstein College of Med

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⁵Philip R. Lee Institute for Healt

Abstract

Since 2000, the Children with widely used nationally, by stat

²National Center for Health Stal > Pediatrics. 2004 May;113(5 Suppl):1529-37.

Using existing population-based data sets to measure the American Academy of Pediatrics definition of medical home for all children and children with special health care needs

Christina D Bethell 1, Debra Read, Krista Brockwood; American Academy of Pediatrics

Affiliations + expand PMID: 15121922

Abstract

Objective: National health goals include ensuring that all children have a medical home. Historically, medical home has been determined by the presence of a usual or primary source of care, such as a

Longstanding work on CYSHCN, Medical Home and Family Voices and Engagement

Avoid commor

manuscript.

Home > Maternal and Child Health Journal > Article Scaling Family Voices and Engagement to **Measure and Improve Systems Performance** and Whole Child Health: Progress and Lessons from the Child and Adolescent Maternal and **Health Measurement Initiative** Aims and scope Submit manuscr Historical Notes | Open access | Published: 25 August 2023 | (2023) ✓ You have full access to this open access article Use our pre-su Christina D. Bethell M, Nora Wells, David Bergman, Colleen Reuland, Scott P. Stumbo, Narangerel

Gombojav & Lisa A. Simpson

RESEARCH ARTICLE

HEALTH AFFAIRS > VOL. 33, NO. 12: CHILDREN'S HEALTH

Adverse Childhood Experiences:
Assessing The Impact On Health And
School Engagement And The Mitiation
Role Of Resilience

Christina D. Bethell, Paul Newacheck, Eva Hawes, and Neal Halfon

<u>AFFILIATIONS</u> \vee

PUBLISHED: DECEMBER 2014 No Access

https://doi.org/10.1377/hlthaff.2014.0914

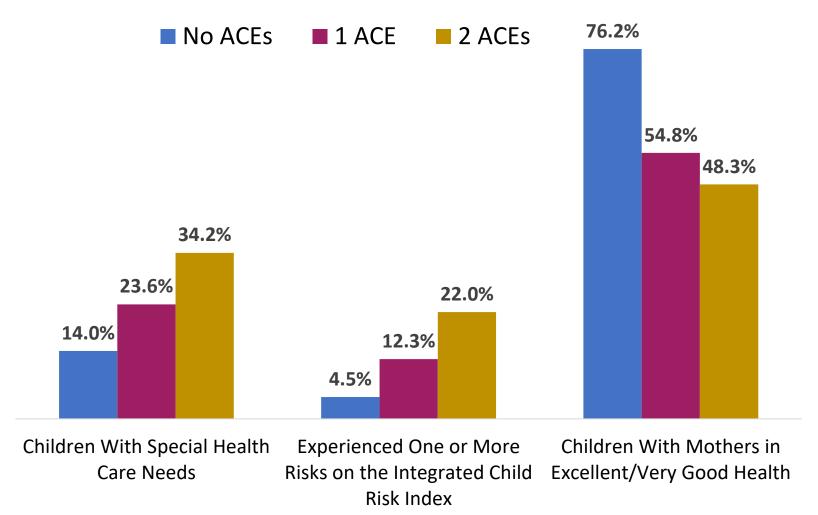
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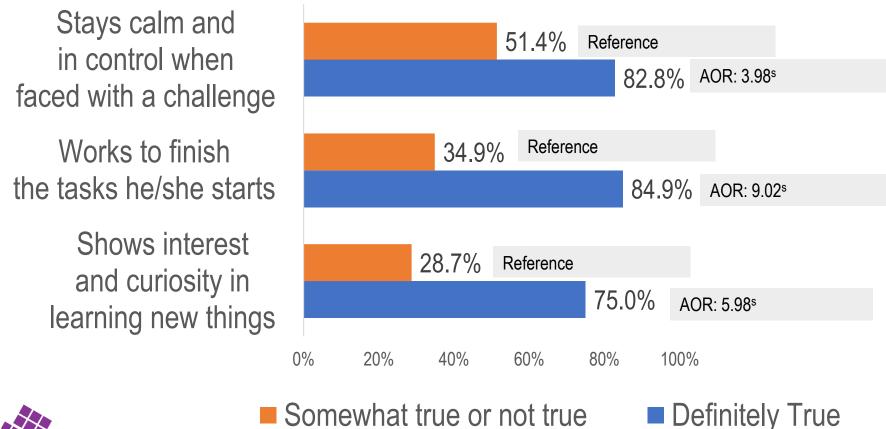
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Prevalence of Children With Special Health Care Needs, Mental Health Problems and Mothers in Very Good/Excellent Health by Adverse Childhood Experiences Levels



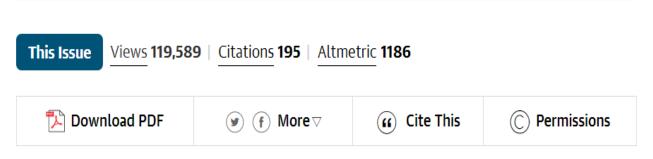
Results:

Prevalence of **school engagement** among US children age 6-17 years, by Child Flourishing Index (CFI) individual items





"Through Any Door" moment by moment positive childhood experiences are highly protective, even amid high adversity.



Original Investigation

ONLINE ONLY

September 9, 2019

Positive Childhood Experiences and Adult Mental and Relational Health in a Statewide Sample

Associations Across Adverse Childhood Experiences Levels

Christina Bethell, PhD, MBA, MPH¹; Jennifer Jones, MSW²; Narangerel Gombojav, MD, PhD¹; et al



https://www.pacesconnection.com/resource/7-positive-childhood-experiences-pces

We Are the Medicine—Building Our Caring Capacity is Imperativeeveryone is a leader!

(1) <u>"Through Any Door"</u> (2) <u>"In Every Encounter"</u> (3) <u>"No Broken Link"</u> Simple rules for a complex system!



Preventing Childhood Toxic Stress: Partnering With Families and Communities to Promote Relational Health

Andrew Garner, MD, PhD, FAAP, Michael Yogman, MD, FAAP, C COMMITTEE ON PSYCHOSOGIAL ASPECTS OF CHILD AND FAMILY HEALTH, SECTION ON DEVELOPMENTAL AND BEHAVIORA PEDIATRICS. COUNCIL ON FABILY CHILDHOOD Relational health refers to the **experience of and capacity to develop and sustain safe, stable, nurturing relationships (SSNRs),** which in turn prevent the extreme or prolonged activation of the body's stress response systems.

Moving Beyond Toxic Stress ... Towards Relational Health

Summary (2013):

Toxic stress defines the problem.

Toxic stress explains how many of ur society's most intractable problems (disparities in health, education and economic stability) are rooted in our shared biology but divergent experiences and opportunities.

<u>Summary (2020):</u>

Relational health defines the solution.

Relational health explains how the individual, family and community capacities that support the development and maintenance of safe, stable and nurturing relationships also buffer adversity and build resilience across the life-course.